

RIDDELL CAFETERIA INTRODUCES HEART SMART PROGRAM

The University of Winnipeg, in cooperation with the Heart and Stroke Foundation of Manitoba, has become one of the first universities in Canada to join the Heart Smart Restaurant Program, a national program designed to promote healthy eating for everyone.

"We are pleased to be able to provide our students and employees with Heart Smart food choices," said University President Marsha Hanen. "We feel a university campus is a natural place for a program of this kind. Students today, like most Canadians, have a greater awareness

of fitness and health, and with this new Heart Smart program, we can offer them food choices which promote good nutrition."

Every Tuesday and Thursday Riddell Hall Cafeteria will offer menu items prepared with limited amounts of fat and salt. These items are suitable for a

healthy diet according to the Heart and Stroke Foundation of Canada.

Students and staff will be able to try entrees such as lemon chicken, beef stew, pork chops with rosemary and orange, fettucine with tomato basil sauce and Heart Smart pizza, said Pat

Maguire, Versa Food Service Manager of Riddell Hall Cafeteria. Maguire noted that "people's tastebuds need to adjust and their reluctance to taste foods prepared with less salt needs to be overcome."

The University of Winnipeg joins 15 other establishments in Winnipeg and many others across Canada to offer Heart Smart food choices.

In Edition

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THE UNIVERSITY OF WINNIPEG

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UNIVERSITY CONTINUES CAMPUS DEVELOPMENT WITH GRAHAM HALL RENOVATIONS

Construction of an elevator in Graham Hall and renovations to the second floor of the building are part of the University's ongoing plans to increase accessibility and enhance the use of space on campus.

According to Steve Coppinger, Associate Vice-President (Admin.), the addition of an elevator to the east side of Graham Hall will improve access for disabled students. Coppinger explained that these students will be able to enter the University through the 385 Spence Street doors, use the newly constructed indoor ramp and then take the elevator to reach any level of Graham Hall. The building currently houses the Writing Program (mezzanine), Institute of Urban Studies (first floor) and Media Services (third floor).

"The University community at large will also gain more convenient access to Graham Hall with the elevator," said Coppinger. He noted that the elevator will create alternative routes to Media Services, the Writing Program, and the link to the Athletic Centre.

Coppinger said that the conversion of residence rooms on the second floor of Graham will help ease the shortage of faculty office space on campus. Sixteen offices will be assigned to the Faculty of Arts and Science.

Completion of the elevator and second-floor renovations is expected in January,

1990 and moving day into the new offices is slated for the spring. Work on the \$550,000 project started in the beginning of September.

According to Coppinger, this latest project is part of the University's *Ten-Year Plan*. "The elevator construction and second floor renovations are tied to our long-range plans for campus development," he said. Financing for the various stages of the campus development is being provided by the University's capital campaign and the Manitoba Universities Development Fund.

Phasing out of residences and relocation of certain departments, like Computer Services and the Accounting Office, began three years ago. Other projects have included the renovation of space for the Writing Program and upgrading of classrooms in Manitoba Hall.

This past summer the last residence rooms available on campus were permanently closed on the second and fourth floors of Graham Hall. Eventually the vacant fourth floor will be renovated into office space, Coppinger said.



The new elevator under construction in Graham Hall will improve accessibility for disabled students.

POLITICAL MORALITY PLAY OPENS UNIVERSITY THEATRE SEASON

The University of Winnipeg's 1989-90 theatre season opens Wed., Nov. 15 with a production of British playwright Edward Bond's *The Bundle*, presented at the M.T.C. Warehouse Theatre.

The production, which features members of The University of Winnipeg's fourth year acting class, will run until Nov. 18 at 8 p.m. nightly.

The Bundle, first produced by the Royal Shakespeare Company in 1978, explores the nature of good and evil in the context of a dynamic social and political situation.

In Bond's political parable, Basho, a 17th century Japanese poet, rejects the chance to save a child's life and chooses instead a continuation of his solitary journey in search of personal enlightenment.

The child Wang survives to become a liberator of the oppressed, achieving his aims at the head of a gang of bandits and finally coming face to face with a moral choice exactly parallel to that of Basho - this time in a political context.

"This is an exciting play for student actors to work on," says director Per Brask, "and, because it meets head-on some of the most crucial moral questions of our time, we think it provides an exciting and worthwhile challenge for the audience as well."

"David Hewlett's sets and costumes create the mythical Oriental kingdom in which the play is set with vividness and economy, providing a context for the human drama which unfolds on stage, without obscuring its timeless meaning."

The Bundle is the first of three public exercises to be presented by the Theatre Department this season. Luigi Pirandello's *Six Characters in Search of an Author* will run Feb. 2 - 9 in Convocation Hall at The University of Winnipeg with a cast of third year students. Caryl Churchill's *Cloud Nine*, a second presentation of the fourth year class, will run at the Gas Station Theatre, Mar. 28 - 31.

See "Coming Events" for reservation information on *The Bundle*.

THE IDEA OF COMMUNISM IS DEAD, SAYS VISITING PROFESSOR

With the rapid changes occurring in Eastern Europe these days, Visiting Professor Ilya Gerol may have to update his notes on the hour in preparation for his two upcoming public lectures on this topic.

Gerol's theme, however, will likely remain the same as his "Soviet Union: Transformation or Collapse of an Empire" lecture on Oct. 17. Gerol's analysis: "From all sides, the idea of communism is dead. We are witnessing the funeral of an idea and our task now is to help them bury the idea and to assist in their recovery."

In his first public lecture, Gerol, Foreign Affairs Editor of the *Ottawa Citizen*, recommended the West put together an economic re-building package for the U.S.S.R. He believes that a comprehensive plan along with massive injections of money from the West are the only ways to avert the looming economic disaster in the Soviet Union.

He views this aid not as charity, but as self-preservation for the West. Gerol cautioned that after its inevitable collapse, the Soviet Union will be like "a wounded beast with massive nuclear reserves." He also noted that if Western assistance is not given, the world economy could be thrown into chaos.

Gerol's talk on "Eastern Europe - The End of Communism?" was originally slated for Nov. 6, but has been re-scheduled for Nov. 20 at 12:30 p.m. in Room 4M47. His last lecture "Western Assistance to Eastern Europe - To Help or Not?" will be held on Nov. 28 at 7:30 p.m. in Theatre 3C00.



Cliff Chadderton, Chief Executive Officer of The War Amputations of Canada, opened the No Man's Land exhibition on Nov. 5. The show continues until Dec. 8 in Gallery 1C03.

WORKING AFTER HOURS?

CALL SECURITY

Memorize this number: 9235. It's your line to protection on campus.

Workers who stay at The University of Winnipeg after regular working hours should let Security Services know by calling ext. 9235. A security officer will then be able to make periodic checks on your floor to ensure your safety.

Staff and faculty may also use Security's escort service in the evening. Just call them and request that an officer escort you to your car or bus stop.

The complete Workers Working Alone policy is outlined in the Administrative Policy Manual.

PHILOSOPHY PROFESSOR SPEAKS ON POST-MODERN APPROACH TO TRUTH

John Mayer, Professor of Philosophy at Brock University, will speak on "The Post-Modern Approach to Truth" on Fri., Dec. 1 at The University of Winnipeg.

The classic view is that truth is attained when the mind correctly mirrors the world. The search for truth has been seen as our attempt to approach the state of a hypothetical ideal knower for whom reality is perfectly represented. For the Post-Modernists, however, truth is regarded as contextually bound with culture and history. Sometimes a thorough relativism of knowledge seems to be implied.

Professor Mayer will be asking what the idea of truth amounts to within the Post-Modernist school of thought. Perhaps, consistent with their principles, these contemporary thinkers can restructure the idea of truth so as to allow for cultural diversity and historical change. What now is to become of the search for truth that is the mandate of our universities and scholars?

Professor Mayer earned a PhD at Emory University and has taught for more than 20 years at Brock. He is past chair of the Philosophy Department. Mayer specializes in phenomenology, existentialism, mystical religion and Buddhist metaphysics.

See "Coming Events" for details on Professor Mayer's upcoming lecture.

COMPUTERS NOW ON SALE AT CAMPUS BOOKSTORE

Students, faculty and staff can now buy Mind Computer Products at The University of Winnipeg Bookstore and with the special educational discount, they can save about 23 per cent off the retail price.

According to the bookstore's computer salesperson, Bill Karras, sales have been brisk so far. "Our promotional campaign got off to a fantastic start with three sales on opening day," he said. "Bookstore Computers" was launched on Nov. 1 with promotional activities such as "The Fabulous Mind Give Away" contest.

Bookstore manager Wendy Shand said that she has been looking into the computer sales venture for the last couple of years. After carefully researching other university bookstore policies, she concluded that University of Winnipeg students, staff and faculty should have access to the kinds of services and benefits offered at other post-secondary educational institutions.

Shand enlisted the assistance of Ernie Samulaitis, Director of Technical Services at the University, to compare and evaluate the computer market. He recommended Mind Computer Products.

"We agreed that Mind produces a high quality product and meets a wide variety of user needs," said Shand. "It has a proven track record as many University departments are presently using Mind."

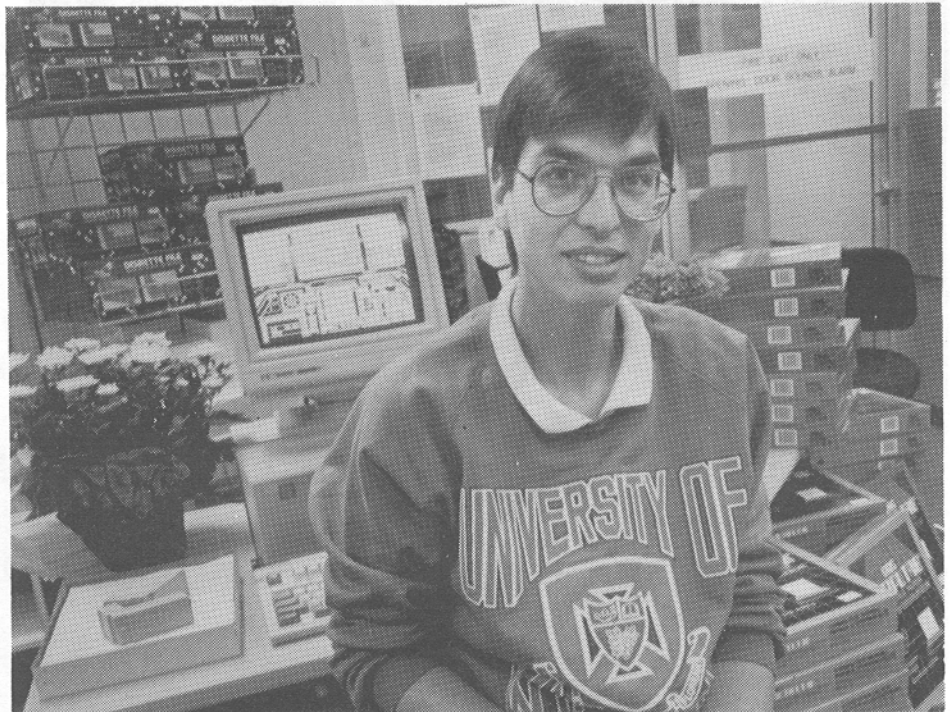
She also noted that Mind computers are manufactured and serviced in Winnipeg, which expedites delivery and service (6-10 days), and their products offer users a great deal of flexibility.

Shand is impressed with the overall service and assistance provided by Mind representatives. The bookstore staff attended three comprehensive orientation days, which included technical information and hands-on sales experience.

The staff is looking forward to assisting not only the novice, but also the computer-literate customer with very specific needs. However, they are also fast becoming aware of what the additional service will mean. Shand points out that "the average bookstore telephone inquiry takes about a minute while a computer query can take up to 45 minutes."

Despite the extra demands placed on staff and space, Shand is enthusiastic about the product and believes this type of service is necessary in today's universities. She is confident that the bookstore can help students and employees meet the challenges of the computer age.

- by Sharon August



Salesperson Bill Karras is looking forward to showing the bookstore's new computer line to students, faculty and staff.

STUDENT THEATRE PROVIDES OPPORTUNITIES FOR YOUNG PLAYWRIGHTS

Nov. 22 marks the opening of a long awaited opportunity for student playwrights at The University of Winnipeg. This is the night two students in the Theatre program will see the premieres of their one-act plays.

Instructor Dennis Noble was aware that his students needed a bridge from the classroom to the profession. He found a sympathetic ear from the Theatre Department when he proposed that a Student Playwrights' Theatre be established.

"There's only so much that can be taught in the classroom," explains Noble. "Somewhere along the line students have

to get their feet wet - they have to be tested - to take risks; to be judged by their peers. The Student Playwrights' Theatre will do that."

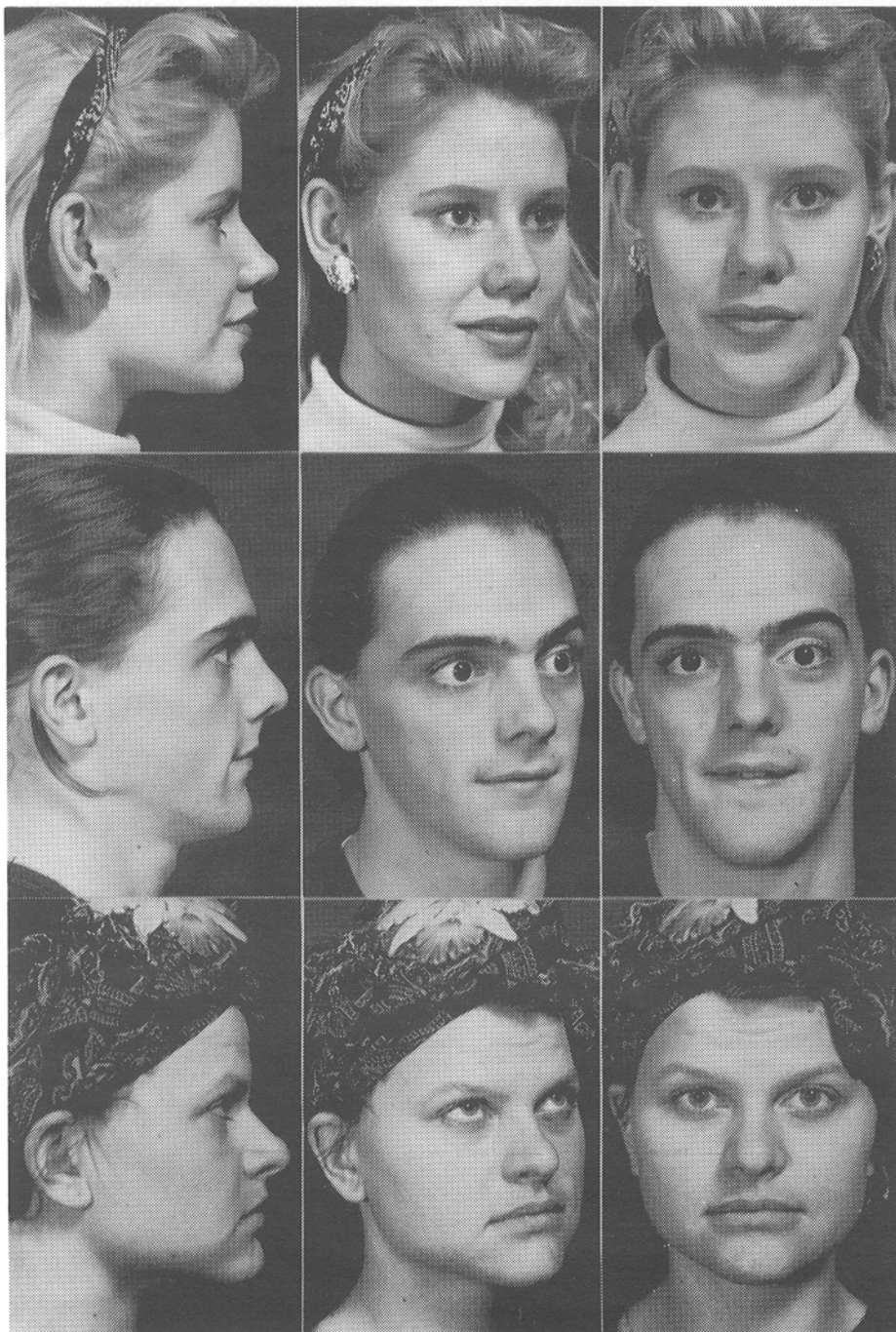
This new theatre has faculty supervision but is completely run by the students themselves. "It's a showcase for student talents in every area of the theatre, not just the writing," says Dr. Noble. "Student ac-

tors, directors and technicians will be able to get additional production experience in an atmosphere that is less formal than classroom or mainstage work and, perhaps, invite a greater degree of experimentation, of flexibility."

The first play, *Going Down the River*, by Kevin Longfield, is about a high school principal who receives a phone call from a parent who accuses a young staff member of teaching Huckleberry Finn in a racist manner. In the course of mediating the dispute, the principal must choose between two courses of action: one which her conscience tells her is the right thing to do, and another, which offers the least risk to her blossoming career.

The second play, *The Four Sided Triangle*, by Garth Buchholz, is a dark comedy about Karlo and Sonya, an unpublished novelist and a homeless poet who live and love together - except he doesn't think she lives and she doesn't think he loves. They might both be wrong.

The plays will run from Nov. 22 to 25, 1989 in the Studio Theatre (Room 2B23) at The University of Winnipeg, beginning at 8 p.m. nightly. The public is cordially invited and admission is free.



"Before" photographs of theatre students enrolled in a make-up class.

DEVELOP PUBLIC SPEAKING SKILLS AT NEW TOASTMASTERS CLUB

While public speaking may mean weak knees and sweaty palms to some, most people agree that it can be an important ingredient to your success in career advancement, community activities and social situations.

The University of Winnipeg's new Toastmasters Club can help you to develop this important skill. At each meeting, members give prepared speeches on a variety of topics plus participate in impromptu speaking exercises. An evaluation period follows the presentations.

The group meets every Friday at 7:30 a.m. in Room 2M70. All students, faculty and staff are welcome to attend. The club is primarily for students, but the participation of faculty and staff will help ensure its continuity and success.

At the club's demonstration meeting on Nov. 3, University President Marsha Hanen voiced her support of the club. "Public speaking goes hand in hand with the University's emphasis on writing skills," she

said. "Both are essential to the development of first-rate communication abilities."

From her experience as Dean of General Studies at the University of Calgary, Dr. Hanen noted that students enrolled in required courses with a public speaking focus benefitted tremendously from the experience. "Even though the public speaking component was the most frightening to them, students agreed that it was one of the most valuable skills they had learned. After just a few assignments, they developed confidence at the podium," said Dr. Hanen.

For more information about the Toastmasters Club, please call Claudia Wright, Club President, at 786-9445.

WOMEN'S ASSOCIATION HOSTS FIRST EVENT OF THE YEAR

The University of Winnipeg Women's Association was founded more than four decades ago in order to provide opportunities for women connected to the University to meet on an informal basis. Membership is open to all women - faculty, staff and wives of faculty and staff.

The Association's programs in the past have included displays of arts and crafts, speakers from the University and community and social events such as "pot luck" suppers.

The first event of this year will be held on Wed., Nov. 22. Angela Davis will speak on "The Battlefield Paintings of Mary Riter Hamilton" at 7:30 p.m. in Room 1C21, followed by a guided tour of the paintings displayed in the University's Gallery 1C03. Refreshments will be served.

If you'd like more information on the Women's Association or would like to join, please call Linda Simpson at 786-9389.

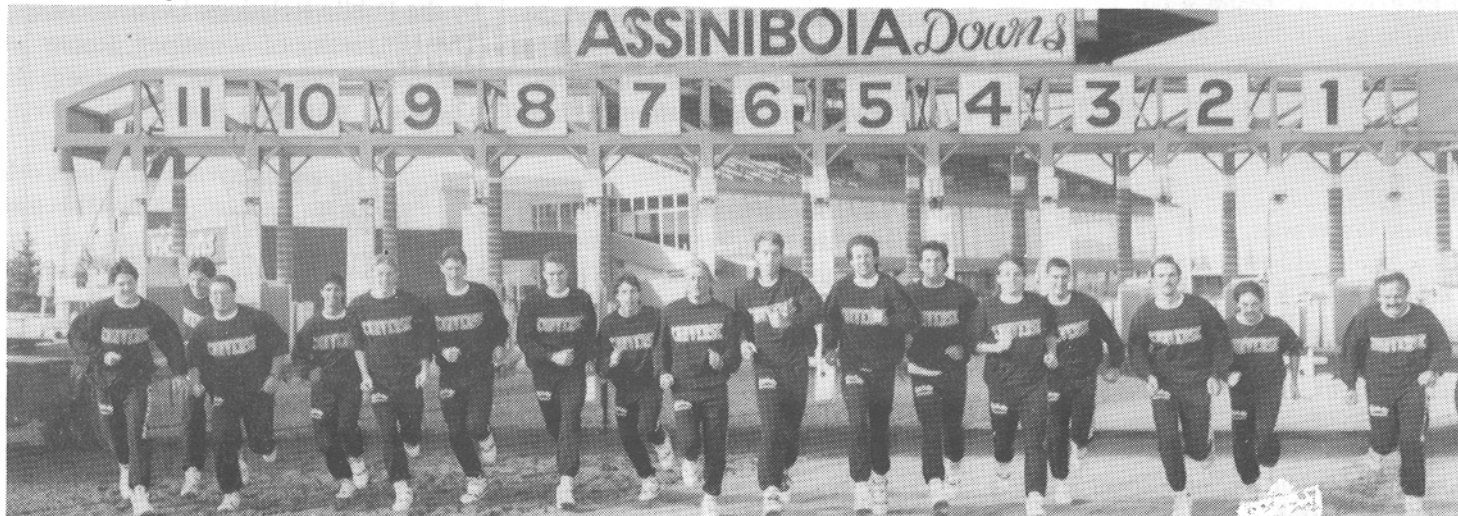
CAMPUS NOTEBOOK

- The Red Cross Blood Donor Clinic on campus Oct. 24 - 25 resulted in 228 donors attending, 100 giving blood for the first time. The Canadian Red Cross Society thanks faculty, students and staff for their support.

- Shirley Payment, Library, presented the paper "An Inquiry into Non-Representative Religious Denominational and Non-Denominational Records in Manitoba" at the second annual Manitoba History Conference on May 12 at the University of Manitoba.

- Dan Chekki, Sociology, has recently published *The Sociology of Mental Illness*, Volume 15 and *Dimensions of Communities: A Research Handbook*, Volume 16. These books form a part of the Library of Sociology Series, Garland Publishing, New York and London.

- Paul Trudinger, Theology/Religious Studies/Music, has had two articles recently refereed and accepted for publication: "One-Hundred and Fifty-Three Fishes, Once Again" in *The Expository Times* and "Rorty and the Rejection of 'Foundations of Knowledge'" in *The Philosopher*. Short review notices of his recent books *Emmaus Road* and *The Cool Gospel* have appeared in *The Australian Friend* and *New Testament Abstracts*, respectively.



The University of Winnipeg Wesmen basketball team is out of the starting gate and into exhibition and tournament play. The regular Great Plains Athletic Conference season begins after Christmas.

COMING EVENTS

CONTINUING UNTIL DEC. 8

- **No Man's Land: The Battlefield Paintings of Mary Riter Hamilton 1919-1922** will be on exhibit until Dec. 8 in Gallery 1C03. Gallery hours: Mon. to Fri., 11 a.m. to 7 p.m.; Sun., 1 to 4 p.m.; Closed Saturdays.

WED., NOV. 15

- **Dr. Judith Anderson**, Faculty of Medicine, University of Manitoba, will speak on "Muscular Dystrophy: Proteins to Possibilities" at 12:30 p.m. in Room 1L10.

WED., NOV. 15 - SAT., NOV. 18

- The University of Winnipeg Theatre Department presents **The Bundle** by Edward Bond at 8 p.m. nightly in M.T.C. Warehouse Theatre, 140 Rupert Ave. Admission is free, but reservations are recommended. Please call Patty Hawkins at 786-9292 or the 24-hour reservation line - 786-9402.

FRI., NOV. 17

- **Faculty and Staff Club** members are invited to attend the Annual General Meeting at 4 p.m. in the Club. "Free Beer" chits will be given to members attending the meeting.

MON., NOV. 20

- The second Distinguished Visiting Professor Lecture has been re-scheduled. **Ilya Gerol** will speak on "Eastern Europe - the end of communism?" on Nov. 20 from 12:30 to 1:20 p.m. in Room 4M47.

- **Ross Ingstrup**, saxophone, will perform at 12:30 p.m. in Theatre 3C00.

- **World War I Film Series: "Paths of Glory"** (Part 1) will be shown from 12:30 to 1:30 p.m. in Room 1L13. Part 2 will be shown on Mon., Nov. 27.

WED., NOV. 22

- **Ellen Waterman**, flute, and **Barbara Riske**, piano, will perform at 12:30 p.m. in Theatre 3C00.

WED., NOV. 22 - SAT., NOV. 25

- The **Student Playwrights' Theatre** will present two plays, *Going Down the River* and *The Four Sided Triangle*, nightly at 8 p.m. in the Studio Theatre, Room 2B23. Admission is free.

THURS., NOV. 23 & FRI., NOV. 24

- The last presentation in the German-Canadian Lecture Series will feature **Walter Riedel**, Professor at the University of Victoria. Riedel will speak on two topics: "Literature from the German Internment Camps and P.O.W. Camps" on Nov. 23 from 7 to 10 p.m. in Room 1L13 and "Walter Bauer's Biographies" on Nov. 24 from 12:30 to 1:30 p.m. in Room 3C27.

FRI., NOV. 24

- **Jacqueline Ryz**, piano, and **Gisele Szczesniak**, violin, will perform at 12:30 p.m. in Theatre 3C00. Sponsored by The University of Winnipeg Alumni Association.

MON., NOV. 27

- **World War I Film Series: "Paths of Glory"** (Part 2) will be shown at 12:30 p.m. in Room 1L13.

- **Sid Robinovitch**, composer, will present a music lecture on "Contemporary Music: The sacred and the profane" at 12:30 p.m. in Theatre 3C00.

TUES., NOV. 28

- Visiting Professor **Ilya Gerol** will speak on "Western Assistance to Eastern Europe: To help or not?" at 7:30 p.m. in Theatre 3C00.

WED., NOV. 29

- **Rennie Regehr**, viola, and **Jenny Regehr**, piano, will perform at 12:30 p.m. in Theatre 3C00.

FRI., DEC. 1

- **John Mayer**, Professor of Philosophy at Brock University, will speak on "The Post-Modern Approach to Truth" 12:30 to 1:20 p.m. in Room 1L10.

- Students from the **School of Music, University of Manitoba** will perform at 12:30 p.m. in Theatre 3C00.

MON., DEC. 4 - FRI., DEC. 8

- **Kenneth Hamilton**, Professor Emeritus of Theology and Literature at The University of Winnipeg, will hold an exhibition/sale of his watercolours in the Library Mezzanine. The exhibition opening will take place on Mon., Dec. 4 at 3 p.m. Proceeds from the sale will be donated to the Library.

FRI., DEC. 8

- The **President's Holiday Reception** will be held 2:30 to 4:30 p.m. in Riddell Hall. All faculty and staff are invited.

SAT., DEC. 9

- The annual **University Children's Christmas Party** will be held from 2 to 4 p.m. in Riddell Hall Dining Room.

CHRISTMAS DINNER AND DANCE CANCELLED

Thank you to all those who responded to the recent survey regarding the Christmas Dinner/Dance. In particular, thanks to those who indicated they would be willing to help organize the event. Unfortunately, the responses do not indicate sufficient support to hold the event this year. However, we hope to circulate another survey to get your response to other ideas for next year's events.

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Editor: Lois Cherney
Information Officer
Telephone: (204) 786-9134

Comments, suggestions and submissions are welcome. (All material is subject to editing.) The copy deadline for the next issue of *In Edition* is **Nov. 22, noon**.