

in edition

DECEMBER 4, 1992

VOL.10 NO.7

Wesmen On Top

DEC 11 1992

When the Canadian Interuniversity Athletic Union (CIAU) published its weekly ranking Nov. 30, The University of Winnipeg Wesmen set a new record.

Both the men's and women's basketball teams and the women's volleyball team rank number one among Canadian universities. The men's volleyball team ranks fourth.

The Wesmen have been breaking records for the last few weeks. When the Nov. 16 and Nov. 23 rankings came

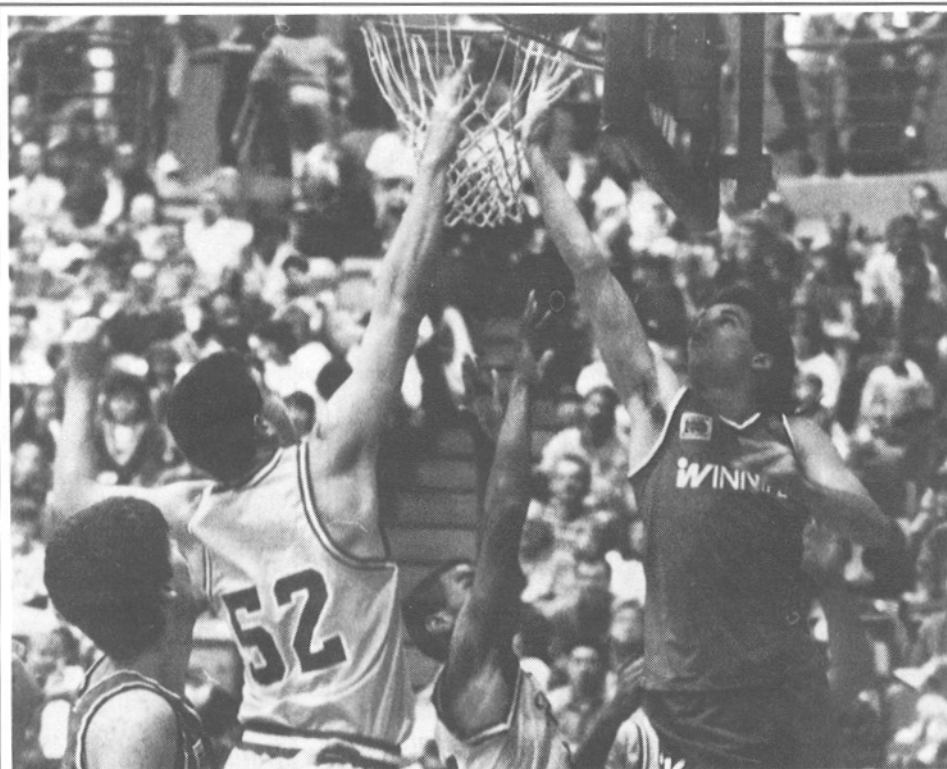
out it was not only the first time both basketball teams have ranked first at the same time, but the first time all four teams have ranked so high," explains Bill Wedlake, men's basketball coach.

Women's basketball coach Tom Kendall says while his team usually ranks in the top three, being No. 1 in the country is great. The home game against Regina the last weekend in November saw the Lady Wesmen break the 100 point barrier

defeating the University of Regina team.

This week's ranking sets a new record not only for the Wesmen but for any CIAU school, says Wedlake.

According to Aubrey Ferris, facility information director, "the closest any CIAU school has ever come to achieving this success was in 1987. At that time The University of Winnipeg ranked 1, 1, 1 and 5."



The University of Winnipeg Wesmen are reaching for new heights. The women's and men's basketball and women's volleyball teams are ranked number one in the country.

Employees Get Extra Pay Day in December

Due to the Christmas holidays, the University's payroll schedule has been revised, giving many employees one extra pay day in December.

Just after receiving their regular Dec. 18 pay cheque, staff on bi-weekly payroll will get another cheque on Dec. 22 for the period Dec. 21 - Jan. 1. These employees will not get paid again until Jan. 15 of the New Year.

Casual and temporary staff will also be paid on Dec. 22, but just for one week (Dec. 7 - 11). Their next cheque will be available Jan. 15 and will cover the period from Dec. 14 to Jan. 1.

Any employee who can't pick up his/her pay cheque on Dec. 22 should contact the Payroll Office as soon as possible to arrange for the cheque to be mailed.


The UNIVERSITY
of WINNIPEG

Enjoy a Great Winnipeg Holiday Tradition

It's that time of year again! Canada's largest basketball tournament, The Wesmen Labatt Classic, begins Tues., Dec. 15 in The University of Winnipeg's Duckworth Centre.

The tournament, which is a Winnipeg Christmas tradition, features 56 teams and over 700 participants. In addition to university men's and women's tournaments, teams from junior high and high school freshmen and varsity will also play in the Classic.

This year's tournament promises to be an exciting one, with both men's and women's Wesmen basketball teams ranked first in the country. Organizers believe the field is one of the most impressive in tournament history. Six of the top 10

teams in the Canadian Interuniversity Athletic Union (CIAU) will be participating in the event.

The Classic runs from Dec. 15 to Jan. 3 with most of the action taking place from Dec. 27 through Jan. 3. Tournament passes are on sale now at the Duckworth Centre and all Winnipeg Pizza Hut locations. A tournament pass for the men's Classic, which includes junior high, high school freshmen and varsity teams, is \$12. The women's Classic tournament pass is \$8. Advance tickets are available at a 25 per cent discount until Dec. 22.

For more information, please contact Mike Reed at 786-9821.

Employee Changes - Oct. 20 - Nov. 16

APPOINTMENTS

| | | | |
|----------------|------------------|----------------------|----------|
| Patricia Depoe | Admin. Asst. 1 | University Relations | 11/09/92 |
| Craig Lawrence | Shipper/Receiver | Bookstore | 10/19/92 |

RESIGNATIONS

| | | | |
|-------------|-----------------|--------------------|----------|
| Judi Kreutz | Conf. Secretary | VP (Admin.) Office | 11/09/92 |
|-------------|-----------------|--------------------|----------|

LEAVE OF ABSENCE

| | | | |
|-----------------|----------------------------------|---------------|----------|
| Melanie D'Souza | Child Care Worker (maternity) | Infant Centre | 11/09/92 |
|-----------------|----------------------------------|---------------|----------|

NAME CHANGE

| | | | |
|---------------|---------------------|---------|----------|
| Muriel Lellig | to: Muriel Campbell | Library | 11/10/92 |
|---------------|---------------------|---------|----------|



Student callers from the phone centre have good reasons to smile. The centre, organized by Brian Daly, director of advancement and alumni, has been instrumental in increasing the University's alumni donor base by over 55 per cent. Since Sept. 21 the student callers, who work two or three evenings a week, have received pledges of over \$25,000.

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Comments, suggestions and submissions are welcome. (All material is subject to editing.) The copy deadline for the next issue of **in edition** is Jan. 5.

in edition is printed on recycled paper. Keep the cycle going: After you've finished reading **in edition**, please place it in your Paper Grower tin.

Proposed Changes Worry Student Aid Administrators

Judy Dyck, director of Awards and Financial Aid at The University of Winnipeg, is concerned that today's students are being asked to pay for 25 years of poor management of the student loan program, by the federal government.

Dyck is president of the Canadian Association of Student Financial Aid Administrators (CASFAA), a national organization with members from colleges and universities across Canada. "Our primary focus this year is to lobby against the government's student loan reform package," Dyck explains.

The Canada Student Loan Program Reform Proposal is a government paper that is examining ways to change the present system. A number of the proposed changes have Dyck and her organization worried.

"We believe certain aspects of the government's package will impact negatively on both accessibility and eligibility of students for loans," says Dyck. "The basic premise of the Canada Student Loan Plan, in the past, has been accessibility to post-secondary education. The new reform package doesn't focus so much on student needs as it does on defaults and perceptions of abuse."

"The government proposes to use restrictions on needs assessment and eligibility as a way to solve the default problem," says Dyck. "We believe these are two separate issues." For example, the government proposes to increase the minimum course load for designation as a full-time student to 80 per cent from 60 per cent.

Dyck points out that students for whom access to university is already difficult, such as sole support parents, the working poor, recent immigrants and mature students, will find a university education even less accessible.

"They will face the choice of either registering for course loads they cannot handle, or being classified as part-time students without any adequate financial assistance," Dyck explains. "There is no allowance for students who must work and therefore take the minimum course load," she adds.

Another proposal that worries CASFAA is that a university could lose its Canada Student Loan Program designation if the institution default rate exceeds a government-set limit. "We think it's ludicrous to expect current students to pay for the actions of former students," says Dyck.

New Policy Ensures Gender-Neutral Language

The following is the University's new policy for gender-neutral language in publications. The policy was recently approved by both the Board of Regents and the Senate and is now in effect.

Title: Gender-Neutral Language in Publications
Effective Date: Dec. 1, 1992
Authority: Board of Regents and Senate

Purpose:

The purpose of this policy is to ensure that no members of The University of Winnipeg will be excluded or separated on the basis of gender by the use of exclusionary language in University publications.

Scope:

This policy applies to all publications and documents bearing the name of The University of Winnipeg which are available to internal constituencies and/or the public.

Responsibility:

The University Secretary shall be responsible for the communication, administration and interpretation of this policy.

Policy:

(1) All publications and documents which fall within the scope of this policy shall use gender-neutral language, except where feminine or masculine references are required.

Procedure:

(1) All publications and documents which are subject to revision at least annually shall be brought into conformity with this policy by June 30, 1994.

(2) All publications and documents which are subject to revision from time to time but not necessarily at least annually shall be brought into conformity with this policy by December 31, 1994.

(3) All publications and documents which are not subject to revision but which continue to govern some aspect of the University's activity shall be brought into conformity with this policy by June 30, 1995.

(4) To assist those responsible for preparing official publications and documents, the University Secretary shall prepare a *Handbook of Inclusionary Language* by March 31, 1993.

Is This Going To Be Your Best Holiday Season Ever?

David and Jan are one of the many Canadian couples who have been affected by the recession. Last February David lost his executive position and has been doing part-time consulting ever since. In fact, David's earnings this year will be slightly less than a third of his previous year's salary. It's not surprising, then, that David and Jan are concerned about how they and their three teenagers will handle the holiday season on such a limited budget.

Nicole, a nurse who has recently moved to Toronto from Regina, can't get enough time off work to travel home. She will be spending the holidays away from family and friends. Nicole is down in the dumps because she associates the festive season with warm family gatherings.

Peter and Ellen, on the other hand, find family gatherings a source of holiday woes. First, they drive two hours to Peter's parent's home for brunch. Then, they get in the car and drive another two hours to Ellen's mother's home for the holiday dinner. Peter and Ellen are not only tense from the driving and rushing around, but also because neither one of them really feels comfortable with the in-laws.

Although everyone doesn't have to cope with the same situations as those in the scenarios above, few people are exempt from what is commonly called the "holiday blues." At various times in their lives many men and women will find themselves unable to avoid the holiday let down. Some will exclude themselves from the pleasures of the festive season by dwelling on the negative aspects of the holidays, rather than on the positive ones. Others will miss out because they overburden themselves with endless preparations for the holiday season. And still others will spoil the holidays for themselves by the all-too-common habit of overindulgence - too much eating, drinking or spending.

All of these men and women tend to overlook that they don't have to be "victims" of the holiday blues. Once owned up to, the blues can be a useful emotion. In fact, the holiday blues can be transformed into a call for action during the weeks



ahead when we celebrate Hanukkah, Christmas and New Year's. It's important, however, to stop thinking about what can't be changed and to work on the things that can.

For instance, David and Jan will certainly trigger the holiday blues if they choose to dwell both on what others have and on what they themselves lack. Difficult as it may be, they can avoid these self-defeating attitudes by focusing on the many pleasant alternatives to lavish spending. They may even find that a less materialistic view of the holiday season is a more satisfying and meaningful one.

Nicole can stop thinking of the traditional holidays she has enjoyed in the past and try to view this festive season on her own. This may mean throwing a small get-together

for neighbours or co-workers or reaching out to those who are less fortunate than she is.

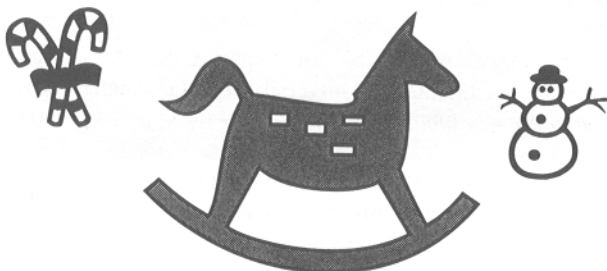
Although family holiday rituals can be pleasant and help to reinforce the feelings that we are loved, it's important for Nicole to realize that there is no one "right" way to celebrate the holidays. As psychologist Dr. Wayne W. Dyer says in his book *Pulling Your Own Strings*, "Progress and growth are impossible if you always do things the way you've always done them."

Whether they realize it or not, Peter and Ellen have allowed themselves to be controlled by other people's expectations. They do have a choice. Perhaps this is the year for them to establish their own tradition by celebrating their special day in their own home appreciating each other or perhaps entertaining a few very close friends whose company they find nourishing. Ellen and Peter can soften their parent's disappointment by arranging to visit at some specific alternative time.

Think about our other examples - those with a negative attitude toward the holidays; those who make the holidays tiring and difficult; those who overindulge. Did you realize that these people are being victimized by themselves? Unfortunately, many people are genuinely unaware that they are causing their own unhappiness.

There is a number of things we can do to make ourselves happier during the upcoming holiday season. Here are some:

- Try to develop a positive attitude toward the holiday season. All too often, we tend to focus on the negative aspects of the holidays - the commercialism, the holiday crush at shopping malls and the unending chores. This year make the effort to see the magic that is part of the holiday celebrations. Regardless of your religious background, you can enjoy the music, the lights and the decorations in the store windows.



Remember, "Tis the season to be jolly."

- Be aware of your needs. Most of us carry on pretty much as we always have during the holidays, regardless of what is going on in our lives. If you have been experiencing a lot of stress at work, for instance, this may be the holiday season for you and your family to take a vacation or simply to rest up at home.

Perhaps your stress has been triggered by a divorce, a career disappointment or a health problem. You may want to opt out of the usual "fun" celebrations and use the holidays as a time for reflection. You've probably heard the saying, "Don't just sit there, do something." In their book *Lifebalance*, authors Linda and Richard Eyre suggest that there are times when we should tell ourselves: "Don't just do something, sit there."

You may benefit from some form of spiritual nourishment, from reading a few meaningful books or even from visiting a fitness spa.

- Realize that you don't have to do everything yourself. If you're one of those long-suffering people who get very little enjoyment out of the holiday season because you're overburdened with chores, stop waiting for things to change. Take charge and delegate tasks to family members.

Are you the one who prepares the holiday dinner for a large gathering of family and friends? Maybe you could cook the turkey and ask the guests to bring the trimmings. One person could bring the appetizers, another vegetable casseroles and others the dessert. You can avoid the bother of serving a hot dinner to a large crowd by setting up a buffet and letting the guests help themselves.

- Limit your spending. Here's a simple solution to the problem of gift giving for the many families who are more budget conscious this holiday season: draw names. This means that each person buys and receives one gift. In fact, the element of surprise - wondering who drew your name - can make gift giving more fun. It's important, however, that everyone plays by the rules. If there is a limit to the cost of the gift, don't be tempted to show off by spending more money. Those who want to give a more expensive gift can wait until another special occasion such as Valentine's Day or the person's birthday.
- Don't overindulge in food and drink. The round of holiday parties can be especially difficult for those recovering from dependence on some substance. If overindulgence is your problem and you think the temptations might be too great, politely decline invitations to parties. But don't think this means you must miss out on the festivities. Throw your own small party and invite your favourite people. You can serve low-calorie foods that are nourishing and satisfying as well as non-alcoholic drinks.



- Help others. Counsellors often advise those who are feeling blue or lonely at this time of year to help others who are less fortunate. One couple whose small business has been adversely affected by the economic downturn last year found that working with other volunteers to serve a holiday dinner to the homeless took their minds off their own troubles. And most of us know of at least one elderly person who lives alone or is in a nursing home.
- Recognize when holiday rituals become a burden, not a pleasure. Perhaps some of your fondest memories are of decorating the tree when your children were small. Now that they are teenagers, however, it's just a big hassle to get them to help. Realize that times have changed and that your family may no longer find this ritual meaningful. Put up a few decorations or lights if you want, but forget about a tree - at least for this year. Who knows, you may find the tree trimming ritual welcomed back by popular demand next year.
- Be realistic. Think for a moment. Do you expect too much of the holidays? All of us have to learn to accept reality - life isn't perfect. And seldom are holiday celebrations like the glossy photographs we see in magazines this time of year. A focus on impossible expectations may be harmful in that it results in disappointment and unhappiness.

If we can't have a perfect holiday season, we can have many happy moments. Let these suggestions help you to create a very special gift for yourself - your best holiday season ever!

This article courtesy of Warren Shepell Consultants.



Colleen Ridley (left), project officer at Industry, Science and Technology Canada, made presentations on behalf of the federal government to this year's Canada Scholars.

Board of Regents Report

Education Minister Attends Meeting

With the new Board structure in place and functioning, the November meeting of the Board of Regents had a full agenda.

The Board was privileged to have the Minister of Education, the Honourable Rosemary Vodrey, address the Board and respond to Regents' questions. The Minister expressed the Manitoba government's concern about the fiscal constraints it is obliged to impose on all aspects of life in Manitoba, and responded to questions on topics such as student aid, capital funding and the proposed Riddell Hall student centre. Deputy Minister of Education John Carlyle accompanied her. We are most appreciative of their attending a Board of Regents meeting in what is surely a very busy schedule for them.

This was a "first" for our Board - at least in recent years - although Minister Vodrey visited our campus this fall and attended two recent Convocations and a basketball game last spring. The Minister said that she appreciated these opportunities to become better acquainted with our campus and she is most knowledgeable about our university.

Various reports and recommendations were received from the Board's five major committees. Vice-chairs have been named: Finance - Keith Black, Property and Physical Planning - Carolyn Stefanson, Human Resources - Dwight Rutherford, External Relations - Art Miki, and University Affairs - Dwight

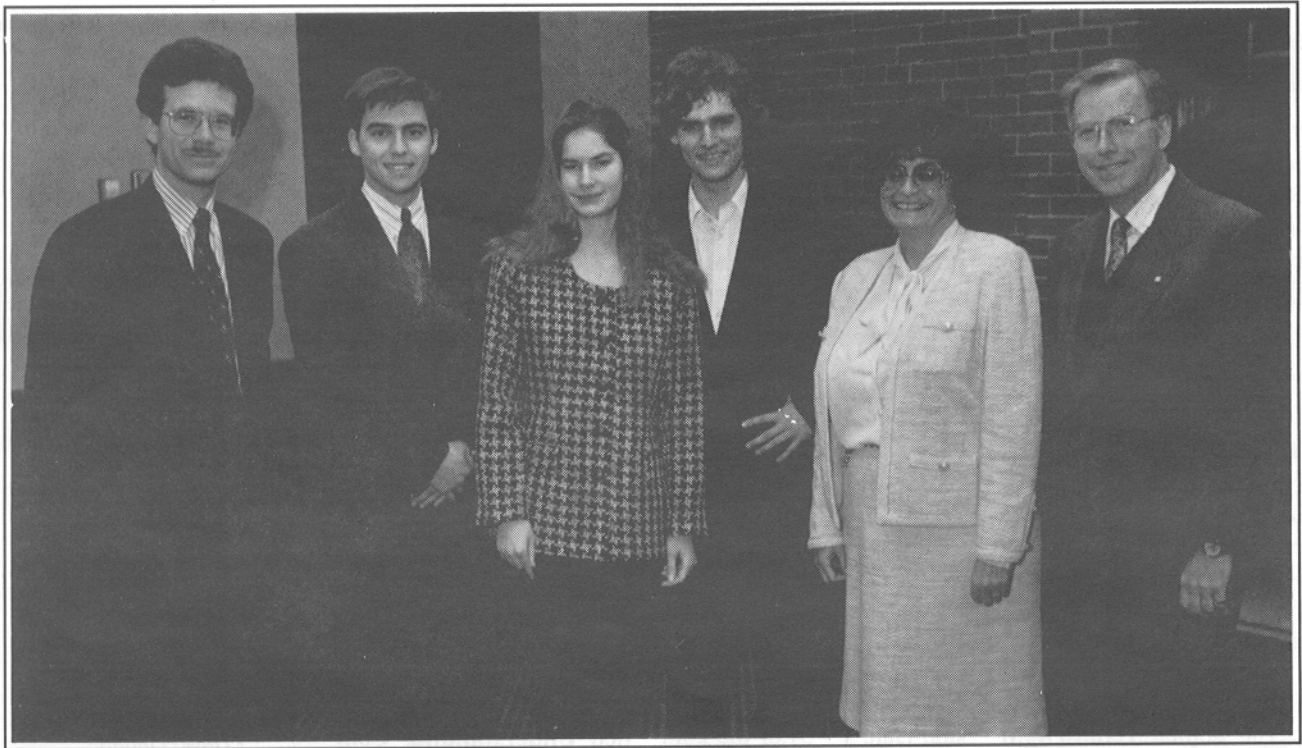
Rutherford.

Policies on the naming of facilities and academic initiatives, the distribution of accumulated interest on recent financial campaigns, the naming of Board representatives to Institutes/Centres and gender-neutral language in publications were adopted. The Board approved a motion to change the start of Board meetings from 8 p.m. to 5 p.m.

A recommendation from the March Board meeting that a three person committee be named to monitor the responses to the Report of the Ad Hoc Committee on the Status of Women at The University of Winnipeg was referred to University Affairs for action. It was agreed that at the January, 1993 Board meeting an update on the priority recommendations from the Status of Women Report would be a major agenda item.

As this year draws to a close, I take this opportunity to extend my very best wishes to all the students writing December exams, and my warmest wishes to all of the University community for a happy holiday season and a healthy, successful 1993.

*Margaret McPherson
Chair, Board of Regents*



The Sir William Stephenson Scholarships, valued at \$2,400 each, were awarded to three outstanding University of Winnipeg students at the scholarship reception, Nov. 25. Left to right: alumnus Ian Restall, scholarship winners Arkadij Demianczuk, Andrea Westlund and Mark Matz, President Marsha Hanen and scholarship trustee William Norrie.

Three Students Receive Prestigious Scholarships

Three University of Winnipeg students were awarded 1992 Sir William Stephenson Scholarships.

Arko Demianczuk, Mark Matz and Andrea Westlund each received \$2,400 for their outstanding academic achievements, superior leadership qualities and potential to make a valuable contribution to their country.

All three students are recipients of numerous awards for their academic accomplishments in high school and at University. In addition, they excel in a variety of extracurricular activities.

Through his involvement with the Air Cadets, Demianczuk has been given many awards for outstanding service, including a Royal Canadian Legion Medal of Excellence. He has also been recognized as a top glider pilot and is now a commissioned officer in the Air Force Reserve. His other activities include travel and winter sports, especially hockey. A Bachelor of Science student with a major in biology, Demianczuk plans to attain a doctorate in medicine.

Matz is an accomplished musician, composer and arranger. He has applied this talent, as well as an interest in acting and writing, to several drama productions and concerts. For the past three summers, Matz has been employed by the Downtown Winnipeg Business Improvement Zone's BIZ Patrol. This job gave him the unique opportunity to promote a litter-free city by

creating and performing skits, jokes, music and other acts. Matz's major is in Classics and he intends to pursue doctoral studies with the ultimate goal of teaching at the university level.

Westlund has been extensively involved in the Manitoba Student Commonwealth Conference, which provides a forum for students from across the province to discuss issues of global importance. She was elected conference chair in 1991. Westlund has also participated in the national conference as well as in the Forum for Young Canadians. Her other interests include drama, music, debating and writing. Westlund is in her third year of a double Honours program in Economics and Philosophy. She wants to pursue post-graduate studies and then a career in teaching and research.

The three scholarships were made possible by a \$100,000 gift from Sir William Stephenson in 1984. This was the largest single private gift ever made to the University for scholarship purposes.

Stephenson, who was born in Winnipeg in 1896, achieved fame for his intelligence work in World War II under the code name "Intrepid." He was director of British Security Coordination in the western hemisphere during the war.

Responsibility for selection of award recipients is shared by The University of Winnipeg and the Sir William Stephenson Scholarship trustees.

COMING EVENTS

"Coming Events" is compiled by University Relations. If you are planning a campus event, please let us know. Send the information (in writing) to Lois Cherney, University Relations, Room 4W17. Basic details about your event are required: what, when, where, sponsor, and the name of a contact person. Submissions must be received at least 10 working days before the event.

CONTINUING UNTIL SAT., DEC. 5

- An exhibit of works by **Tony Tascona**, one of Winnipeg's best known artists, continues in Gallery 1C03. The show, entitled "**Encapsulating Rhythms**," is open Mon. - Fri., 10 a.m. to 4 p.m. and Sat., 1 - 4 p.m.

FRI., DEC. 4

- The annual **Candlelight Carol Service** will be held in the University Chapel in Bryce Hall from 12:30 - 1:30 p.m.

MON., DEC. 7 - FRI., DEC. 11

- The 13th annual **exhibition and sale of watercolours by Kenneth Hamilton**, Professor Emeritus of Theology and Literature, will be held on the Library Mezzanine. Sponsored by the Art Committee, the official opening will be held at 3 p.m. on Dec. 7. The hours are 3 - 9 p.m. on Mon., 8 a.m. - 9 p.m., Tues. to Thurs. and 8 a.m. - 2 p.m. on Fri. A portion of the sale price of every painting sold is donated to the Library.

MON., DEC. 7

- Lectures in the **Faculty of Arts and Science** close.

FRI., DEC. 11

- The **President's Annual Holiday Reception** will be held in Riddell Hall Cafeteria from 2:30 - 4 p.m. All faculty and staff are welcome.

THURS., DEC. 10 - FRI., DEC. 18

- **Examination period** in the Faculty of Arts and Science.

WED., DEC. 23 - SUN. JAN. 3

- University closed.

DEC. 27 - DEC. 30 & JAN 1 - JAN 3

- The men's division (Dec. 27 to 30) and the women's division (Jan. 1 - 3) of the 26th **Wesmen Labatt Classic** will be held in Duckworth Centre. The tournament features teams from across Canada and the U.S. and the No. 1 ranked Wesmen and Lady Wesmen. Tickets on sale at Duckworth Centre and all Pizza Hut Restaurants. For further information and game times call 786-9418 or 786-9349.

TUES., JAN. 12 - SAT., FEB. 6

- An exhibition of works by Walter Hildebrandt and Peter Tittenberger entitled **Brooks: Coming Home**, will be held in Gallery 1C03. Hours.TBA.

TUES., JAN. 19 AND WED., JAN 20

- The **Red Cross Blood Donor Clinic** will be held in the 4th Floor Buffeteria.

THURS., JAN. 23

- The **Bonnycastle Lecture** featuring Olive Dickason, Professor of History at the University of Alberta, will be held in Eckhardt-Gramatté Hall at 8 p.m.

MON., JAN. 25

- **Board of Regents meeting** at 5 p.m. in Room 2M70.

MON. TO FRI., FEB. 15 - 19

- **Mid-term reading period**-classes cancelled.

THURS., FEB. 18 - SAT., FEB. 20

- A three-day conference entitled **Understanding Communities: Dialogue on Aboriginal Post-Secondary Education** will be held on campus. For further information contact Alden Turner at 786-9321.

FRI., FEB. 19

- The **Chancellor's Lecture** will feature Winona Stephenson in Eckhardt-Gramatté Hall at 8 p.m.

MON., FEB. 22

- **Board of Regents meeting** at 8 p.m. in Room 2M70.

MON., MAR. 8

- The **Laird Lecture** will feature Julie Cruikshank in Eckhardt-Gramatté Hall at 8 p.m.

MON., MAR. 22

- **Board of Regents meeting** at 8 p.m. in Room 2M70.

MON., APR. 26

- **Board of Regents meeting** at 8 p.m. in Room 2M70.

Members Named to Academic Innovations Committee

University President Marsha Hanen has named the following faculty members to her Academic Innovations Advisory Committee:

- Neil Besner, English
- Rod Bollman, Biology
- David Erbach, Administrative Studies/ Business Computing
- David Gagan, Vice-President (Academic)
- Pauline Greenhill, Sociology
- Carol Harvey, French
- J. Iain McDougall, Classics
- Richard Noble, Political Science
- Evelyn Schaefer, Psychology
- Lesley Sisler, Collegiate
- Desiree Vanderwel, Chemistry
- Committee Chair: Marsha Hanen, President

The advisory committee will discuss how academic innovation might be encouraged and assessed at the University. Their focus will be on identifying and developing strategic partnerships between the University and external groups.