

# in edition

FEBRUARY 1, 1996

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## Chinese Theological Student To Share Information on the Church in China

Winnipeggers will have the opportunity to gain a firsthand perspective into the history and role of the Christian Church in China when Wu Weijing, a minister from north of Beijing and currently a student of the Canada China Programme, offers a seminar series.

The Canada China Programme is an ecumenical social justice coalition established in 1971 to develop openness and friendship between our two peoples. Originally, it gathered information on contemporary China and interpreted events, but its mandate has grown to include the support of educational initiatives, including allowing Chinese seminarians to study in Canada. The CCP is funded by several Canadian Christian organizations and by individual donations.

Weijing, in Canada for two-and-a-half

years to further his theological studies, has been taking courses in the University's Faculty of Theology. While he finds Western Theology sometimes quite different from his own, he is particularly interested in those studies which offer training in clinical pastoral education. "This is what I am interested in. It is more practical—it's something you can feel and say." He notes that in China, pastoral services like visiting the sick are unusual—and often restricted. He is hopeful that will change.

Weijing will offer a course, "Rising Phoenix-Like From the Ashes: The Christian Church in China" on Thursday evenings in February and March. Although part of the Faculty of Theology's Certificate in Theology program, it will be held in Sturgeon Creek United Church, where a support group has been established for Weijing to help ease his homesickness. (Weijing left behind a wife and young daughter in China.)

Rather than saying he is "teaching," Weijing prefers to call it "sharing a bit of knowledge about the church in China." Although the original concept of the course was just that, members of the Sturgeon Creek congregation told Weijing that it would be helpful to learn more about Chinese culture in general. Weijing has, therefore, adjusted his subject matter to include discussion on Confucius and other sages,



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## Construction Will Affect Library

Construction on the Riddell Student Centre will affect the library over the next few weeks, but disruption of library services will be kept to a minimum.

The renovations will affect the study area of 5CM10 and the stacks area below. The entire length of sloped roof between the stairwells at the south side, overlooking the quad, will be replaced with a flat roof section and vertical metal wall to match the rest of Centennial Hall. Inside, the ceiling will remain sloped, as the roof panels are being covered over from the exterior.

According to John Mainer, assistant director and project co-ordinator in Physical Plant, most of the work is planned for Reading Week (Feb. 12-16). As well, work that is deemed disruptive will be carried out at night whenever possible, though

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The UNIVERSITY  
of WINNIPEG

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## China

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and on the cultural traditions and political conditions that have made it difficult for Christianity to take hold in China.

"Christianity is very alien to the Chinese culture," he explains. He notes that while Christianity first came to China nearly 1,000 years ago, it wasn't until the 19th century that it took root. But as Weijing will discuss in the course, the Cultural Revolution jeopardized the existence of Christianity in China. He notes, however, that the church has been growing rapidly since it re-opened in 1979. He estimates there are now about 11 million Christians in China.

Although less restrictive, government controls on the church remain. For example, while preaching Christianity within the confines of a house of worship itself is allowed, it is illegal to preach it outside of those walls. Nonetheless, the government of China is anxious to improve its international image to facilitate trade, and so Weijing believes the coming years may see a loosening of restrictions on religious freedom.

However, Weijing calls the government situation "still very serious" and explains, "In China you can push forward so far, but then you may go too far, and be asked to step back."

*"Rising Phoenix-Like From the Ashes: The Christian Church in China" is open to anyone who wants to learn more about this fascinating subject. It will run on Thursday evenings, 7-10 p.m. from Feb. 8 - March 28 at Sturgeon Creek United Church; the fee is \$140. For further information or to register, contact Patti Clark, Faculty of Theology, at 786-9857.*

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## Seminars Bring International Baccalaureate Students to University

International Baccalaureate Program students from Silver Heights Collegiate and Kelvin High School will be at The University of Winnipeg on Mon., Feb. 12 and Tues., Feb. 13 to attend a number of seminars.

"The University of Winnipeg was chosen as the site of the seminars so that IB students would have the chance to be in a new and different setting, and because the University recognizes the IB Program with scholarships," says event organizer and teacher from Silver Heights Collegiate, Connie Shaver, a 1968 graduate of the University.

"The IB Program is academically challenging and sometimes very stressful. We're having a number of training seminars on time management, how to cope with stress, and on other problems students may encounter while in the program," she explains.

Speakers will include the Athletic Department's Bill Wedlake and Pam Flick, student and Wesmen assistant coach. Approximately 200 of the top Senior II and III students from the two schools will attend the two-day event.

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## Long Distance Fraud Warning

A number of Winnipeg businesses have recently been struck by toll-fraud artists who accessed the company's long distance lines and rang up hundreds (and, in some cases, thousands) of dollars in unauthorized long distance charges.

Their method of access is frighteningly simple—they call any extension at the business, identify themselves as an MTS service technician checking on a long distance or other problem, and ask the employee to transfer them to an outside line. Once they have access to an outside line, they are able to place a call anywhere in the world. The business they originally called is then billed for the long distance charges.

**Please note that an MTS technician will never make such a request. If anyone calls and requests that you transfer them to an outside line, transfer or refer the caller to the University's message centre (786-7811 or 786-6699) or to Lynn Jones (786-9218).**

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## Library

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some must be done during daylight for safety reasons. Mainer asserts that the situation will be monitored to ensure that library use is not disrupted any more than absolutely necessary.

Enclosures have been installed to protect personnel, books and furniture. Both the stacks and study areas will be separated from the work area by heavy-duty plastic and tarps where necessary. Personnel using the area are asked to pay attention to signs, and reminded that any attempt to open the hoarding may increase both noise and cold air transfer.

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Editor: Lois Cherney  
Associate Director  
(Alumni & Communications)  
(204) 786-9134  
cherney@wesley.uwinnipeg.ca

Managing Editor:  
Leslie Vryenhoek  
Communications Assistant  
(204) 786-9172  
vryenhoek@wesley.uwinnipeg.ca

Comments, suggestions and submissions are welcome. (All material is subject to editing.)

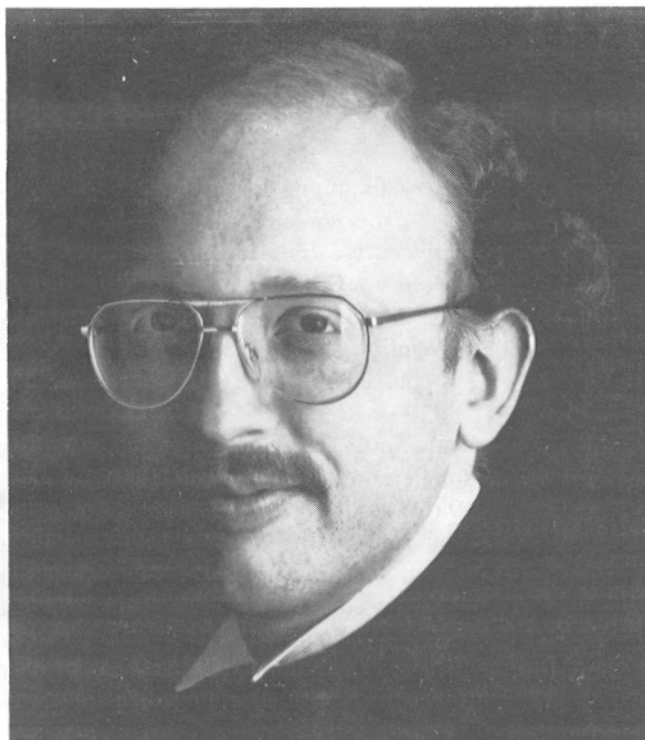
*in edition* is printed on recycled paper. After you have finished with this issue, please pass it on to a friend.

*Pianist Richard Raymond, winner of the 1993 Van Cliburn Competition Chamber Music Prize, will appear in a solo recital on Sat., Feb. 10 as part of the Virtuosi Concert Series.*

*Raymond has performed with the Toronto Symphony, the Edmonton Symphony and the Manitoba Chamber Orchestra. In 1994, he released a critically-acclaimed CD.*

*He holds a masters degree in piano interpretation from the University of Montreal and has completed the Artist Diploma Program at the Royal Conservatory of Music in Toronto.*

*See Coming Events for concert details.*



## University-College Partnership Results in New Applied Program

In January, The University of Winnipeg and Red River Community College launched a joint Bachelor of Science (Four Year) Program in applied chemistry.

According to Harold Hutton, professor in the University's Chemistry Department, the new program blends a selection of courses from the University's four-year BSc and the college's diploma in applied sciences, benefitting students at both institutions.

"It will be stronger in terms of providing our students with the practical requirements they will need for industry. For example, our students [in the applied program] will be able to take Red River courses in lab safety and quality assurance—areas that we don't have the resources to adequately cover here," explains Hutton, who worked for the past three years to develop the new program. "We complement each other. We're strong in lab techniques and the depth of courses available, so their students can benefit from our offerings, too."

Students who register for the applied program through the University will take the majority of their courses here, but will complete some courses at Red River during their four years of study. Red River students will normally take their first two years at the College and then attend the University for their last two years. At graduation, both groups will receive a four-year applied BSc, issued jointly by both institutions.

In addition to this new "traditional" applied program, the two institutions will jointly operate a "cooperative" stream, which features a total of 12-16 months of work experience for students, in addition to the regular course requirements of an

applied four-year BSc. The cooperative stream of the new applied program replaces the University's Chemistry Co-op Program.

The change to a jointly run cooperative program has advantages. "By combining financial resources, we'll have a full-time person, Morley Jacobs, dedicated to finding and coordinating work placements for everyone in the program. This will make a big difference, because arranging career-related jobs for students is a tremendous amount of work and follow-up," says Hutton, who ran the old Chemistry Co-op on a part-time basis.

The work terms remain the same as in the former Co-op; they are a feature praised by students. "Hands-on experience allows you to use what you've learned and it reinforces what you know. It really prepares you for the workforce," points out Tim Hiebert, who graduated from the phased-out Co-op program and will start a master's program at the University of British Columbia next fall.

Students in job placements also get more chances to hone their communication skills, as they are required to give presentations and write reports for employers, professors and colleagues. "Communication skills are often neglected in the sciences, but you find out quickly how much you need them in the workplace," says Hiebert.

Hutton says the first crop of "cooperative" applied students started their program in January. Normal applications for the "traditional" and "cooperative" streams will begin next fall. He cautions that enrolment for the cooperative stream is very limited, and is dependent on the number of job placements that can be arranged.

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## Armchair Series Lets You Relax While You Learn

The Division of Continuing Education is offering its Armchair Series again this winter. The series, introduced in 1992, provides university-calibre instruction in a relaxed setting—with no exams or papers to write!

Courses are held in the relaxing, intimate atmosphere of The University of Winnipeg Faculty and Staff Club. The cost for each six-week course is \$85.

### **Dialogue of Self and Soul: Jungian Dream Interpretation and the Quest for Personal Meaning**

Feb. 13 - Mar. 19 (6 Tuesdays), 7-9 p.m.

Investigate the role of the active imagination, the transcendent function and the compensatory nature of the unconscious mind. The course will not only treat dream analysis as a key to enlightened self-awareness, but also provide a deeper understanding of analytical psychology and Jungian philosophy.

### **Health, Healing and Religion**

Feb. 14-March 20 (6 Wednesdays), 7-9 p.m.

How much healing is physical and how much spiritual?

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This course will survey various approaches to health and healing: What is health? Is it the absence of illness? What is the difference between curing and healing? The major portion of this course will look at healing as taking place within four spheres: emotional, mental, physical and spiritual. Examples will be drawn from a number of religions.

### **What's New in Old Bones**

Feb. 15-March 21 (6 Thursdays), 7-9 p.m.

Many new and exciting fossil discoveries have raised questions and caused a re-evaluation of beliefs about the emergence of humans and their later evolution. While we'll never fully know the whole human story, the unprecedented rate of recent fossil discoveries in Africa has made the picture much clearer. It's now apparent that our ancestral line stretches back 5-6 million years. This course will examine what these new discoveries reveal about the emergence of our species and its possible future.

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## Electronic Message Centres Finally In Place

Well, they're finally here. After several frustrating months, the two large electronic message centres promised last spring have been installed on the exterior east and west walls of Duckworth Centre.

According to Steve Coppinger, associate vice-president (finance and administration), placement of the message centres was delayed by factors relating to zoning variances, structural and installation problems.

However, they've been up and running since early January, and can now serve as an effective tool to raise public awareness of campus events. Both message centres are highly visible to traffic on Ellice Avenue.

"To this point they've been used primarily by athletics," Coppinger says, "but they are available to anyone with a campus event to advertise." He adds that there is a nominal fee for using the centres (the money will be used to cover any maintenance costs for the signs).

Although the signs were provided free of charge to the University through a marketing arrangement with our only soft drink supplier, Pepsi-Cola Limited, they display no product identification. "Their sole purpose is to promote campus events to the general public," explains Coppinger.

Copies of the message centre policy and instructions on how your event can be publicized through this media are available from the Duckworth Centre Facility Manager, Doran Reid, at 786-9817.

## History Professor Helps to Organize Multi-Faceted Conference

History Professor Jennifer Brown has helped to organize an innovative conference that will bring together students of Italian Humanism with those of Native North American Studies, investigators of the Atlantic trade or of Portuguese fishing practices with historians of aboriginal nations and languages.

"De-Centring the Renaissance: Canada and Europe in Multi-Disciplinary Perspective, 1350-1700" will be held at Victoria University in the University of Toronto on March 7-10. The conference is co-sponsored by the Rupert's Land Record Society at The University of Winnipeg.

The conference marks the 500th anniversary of Henry VII's grant of letters patent to the Italian explorer John Cabot in March, 1496.

The conference will look at the extent to which Canada at that time was not merely an arena of European operations, but an authentic historical sphere interacting with forces and events from within and without.

"It's a distinguished international conference, with a lot of important scholars offering papers on a diverse range of inter-related topics," says Brown.

Anyone interested in attending the conference or in learning more about it should contact Jennifer Brown at 786-9003.

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## Bad Weather Closing

It's winter in Winnipeg, and that means we can expect some miserable weather. But how much bad weather is enough to cancel classes or close the entire University?

That depends on road conditions and other factors. "Basically, if the buses are running, we're open," says Steve Coppinger, associate vice-president (finance and administration). He notes that Winnipeg Transit knows better than anyone what road conditions are. However, Coppinger points out that things other than weather—for example, water main breaks or power failures—could also force the University's closure.

The responsibility for deciding to limit services, and to what degree, lies with the president or acting president, though it is the Office of the Vice-President (Finance & Administration) that is responsible for gathering pertinent data and advising the president. The vice-president will also decide which services are essential and should remain operational.

If you suspect classes are cancelled or the University may be closed, listen to the radio. Reports will be broadcast on the following stations:

CBC-990 AM	CKY-580 AM
CIFX-1290 AM	CJOB-680 AM
CKJS-810 AM	CKRC-630 AM
CFQX-104 FM	MIX-103.1 FM

If a decision to close the University is made during a regular working day, information will be disseminated to



*How much wintery weather is enough to cancel classes or close the entire University?*

all deans, directors and department heads, who will communicate the decision to faculty, staff and students within their area. As well, a message informing the campus community will be posted to all voice mailboxes.

Since many University services operate on the weekends, similar channels of contact will be employed in the event of a weekend or holiday closure.

If at any time the University limits services or closes, an override message will be placed on the campus phone system to inform all callers of the decision.

But don't hold your breath. According to Coppinger, weather conditions have only closed the University three times in two decades.

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## Nominations Sought for Teaching Award

The Clifford J. Robson Award for Excellence in Teaching is given annually to a faculty member of The University of Winnipeg. Nominations for this award may be received from all segments of the University community, including students, alumni, faculty and administration.

Nomination forms are now available from the Dean of Arts and Science Office, the Information Booth and the Awards Office. Please submit nominations to the Awards Office on or before **Mon., Feb. 19.**

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## Review/Search Committee for Dean of Theology

A Review/Search Committee has been struck to review the Dean of Theology position. The committee, which has already begun meeting, consists of:

Dwight Rutherford, Board of Regents  
Christel Spletzer, Board of Regents  
Marilyn Sabine, Theology Council  
Colin Peterson, Theology Council  
Peggy Day, University Senate  
Eleanor J. Stebner, Theology faculty member  
Jack Ballantine-Dickson, student of Theology  
Carlyle Murrell, Theology alumnus  
George Tomlinson, chair, Acting Vice-President (Academic)

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## Employee Changes

### Appointments

Janis Pregnell  
Instructor  
Continuing Education

Teresa Bergman  
TSL 3  
Technical Support Services

### Position Changes

Don Erickson  
Fr: Office Assistant 6  
Bookstore  
To: Office Assistant 3  
Continuing Education

Donna Laube  
Fr: Office Assistant 5  
Institute of Urban Studies  
To: Office Assistant 5  
Ctr. for Learning Technologies

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## Undergrads to Receive Own Review

By May 1996, several undergraduate students at The University of Winnipeg will be able to see their essays published.

Susan Kushneryk, arts director of The University of Winnipeg Students' Association, is working to give undergraduate students the opportunity to have their papers published in *The University of Winnipeg Undergraduate Liberal Arts and Science Review*.

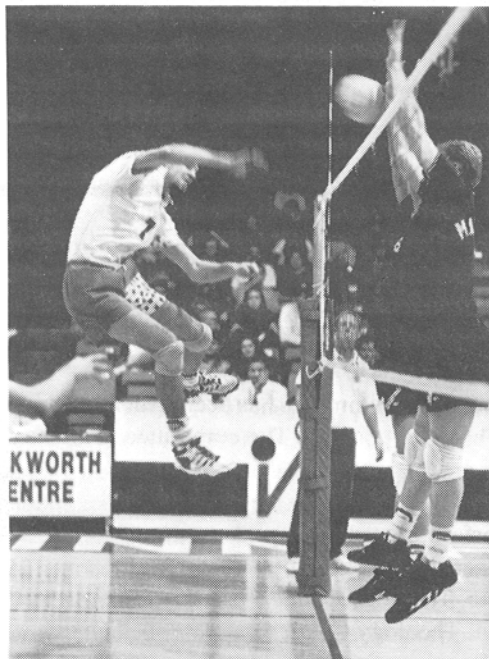
"There are so many neat undergraduate papers, but there's nowhere for them to be published," says Kushneryk. "The *Review* is designed to give undergraduate students the opportunity to show off their work and to gain publishing experience." Kushneryk adds that it was meant as a vehicle for students to study, write and to learn from each other.

Published by the UWSA, the *Review* will cover all departments within the University. Each department will be asked to select three papers, (approximately six to eight pages in length) from their area and forward them to an editorial committee composed of four students and four faculty.

The editorial committee will then choose one out of the three papers submitted from each department. In total, 26 essays—one from each department—plus four creative essays will be published in the *Review*.

The deadline for departments to submit papers is March 1. On April 1, the editorial committee will announce chosen essays, and on May 1, the first edition of the *Review* will be published.

Kushneryk says the goal is to make the *Review* available to all students, prospective students and alumni of the University. In addition to being sold at the Info Booth, the publication will be placed on the World Wide Web, while hard copies will be made available in the library for research. As well, an electronic copy will be sent to every university library in Canada and the United States.



*Come out and cheer the Wesmen on to victory when all four teams take on their cross-town rivals, the University of Manitoba Bisons, in the 1996 Duckworth Challenge.*

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## Duckworth Challenge Heats Up Winnipeg

Don't miss a minute of the action when all four Wesmen teams turn up the heat on their cross-town rivals, the University of Manitoba Bisons, in the 1996 Duckworth Challenge.

The annual battle, which sees the men's and women's volleyball and basketball teams take on their counterparts, takes place on Wed., Feb. 7 and Thurs., Feb. 8.

On the 7th, the volleyball teams will face off in Duckworth Centre. Men's action begins at 6:15 p.m., and women's at 8 p.m. Between games, the University Alumni Association will hold a reception for members on the second floor of Duckworth Centre.

On the 8th, the action moves to the University of Manitoba's basketball courts. This time the women start off at 6:15 p.m., and the men play at 8 p.m.

As part of a donor appreciation program, several members of the Board of Regents and the Alumni Association have taken a turn in the University's phone centre. In addition to thanking 1995 donors for their contributions, these volunteer phoners have offered tickets to the Duckworth Challenge.

Faculty and staff of the University will be issued passes to the tournament through the President's Office. Come out and cheer our teams on to victory!

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## A Few Precautions Can Keep Your Voice Sound

With lectures in full swing and spring nowhere in sight, it's important to make an extra effort to protect your voice from the cold, dry weather and the ravages of viral infections.

The Theatre and Drama Department's Gail Loadman, voice coach and speech specialist, explains that both colds and flus can play havoc with the voice. "These can cause the membranes of the nose and throat to swell and become inflamed. This can lead to hoarseness or even a complete loss of voice," she explains. "In the case of laryngitis, the vocal chords become red, irritated and swollen."

Loadman notes that the infection can also cause swollen membranes to exude more mucus than normal—making you cough or clear your throat in an effort to clear the mucus. Both these activities force the vocal chords to slam together, and irritate them. As a result of irritation, the voice lowers in pitch, becomes husky and muted. "Combined with the stuffed nose, we end up sounding like an acoustical instrument with a towel stuffed inside it," Loadman exclaims.

Loadman offers some things everyone—sick or healthy—can do to stay in good voice:

- **Drink plenty of fluids!** Even when you are not sick, a dry vocal tract will prevent your voice from sounding its best, and could lead to vocal problems. Keep a small water bottle with you, especially during lectures. (Loadman recommends that sick or well, you drink eight large glasses of water every day.)

- **Use a microphone** for public speaking whenever possible. If you regularly lecture or talk for long periods to groups of people in a room larger than the average bedroom, you should make use of a portable or fixed microphone.

- **Practice speaking in a relaxed and comfortable manner.** Try not to "push" from the throat or "cord" the muscles of the throat while speaking. Also, try to avoid speaking in a monotone voice, which can strain the vocal chords.

- **Cover your mouth with a scarf** whenever you venture out in the cold. This prevents the dry, cold air from further drying the vocal chords.

- **Humidify the air in your home and place of work.** Air that is either too dry or too moist is an enemy of every voice. Purchase a small, ultrasonic humidifier. Please note, however, that humidifiers must be kept clean. Filtered or distilled water is best to use in them. Another easy way to humidify the air is by adding a number of house plants to your home or office and keeping them well-watered.

- **Avoid taking acetylsalicylic acid (aka aspirin) and over-the-counter anti-histamines (or cold tablets that contain them).** Many of these medications severely dry the larynx, often exacerbating the problems caused by the illness. Taking acetylsalicylic acid can also predispose the voice user to a condition called vocal fold haemorrhage.

- **Don't whisper.** Many cold sufferers tend to think that whispering will "rest" their voices. Ironically, it can strain the voice as much as yelling and screaming do. Instead, truly rest your voice by speaking as little as possible, but when you must, speak in a normal tone.

- **Avoid throat clearing.** Throat clearing can very easily become a habit—one that long outlasts the infection. And it's a self-perpetuating habit, because clearing the throat to get rid of mucus irritates the vocal chords, causing tissues to exude even more. To protect your voice, practice the "Sniff-Swallow" technique: When you feel mucus in your throat, try an exaggerated, sudden sniff. (This should dislodge any mucus on your vocal chords.) Then swallow.

- **Allow for frequent vocal rest periods every day,** especially when ill.

- **Don't ignore symptoms** of vocal strain, hoarseness, pain, fullness, heartburn or allergies.

- **Consult a doctor** when you experience throat discomfort or hoarseness for more than 6 days.

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## Spaces Still Available in Third-Year Abroad Program

A limited number of spaces remain for students of French to take advantage of the 1996-97 Third-Year Abroad Program, held at the Université de Perpignan in southern France's beautiful Roussillon region.

The program, organized jointly by The University of Winnipeg and Brock University, is intended for French Studies Major students in their third year of studies.

For further information, please contact Ken Meadwell, chair of the Department of French Studies, at 786-9106.

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## Review/Search Committee for Dean of Collegiate

A Review/Search Committee has been formed to review the Dean of Collegiate. The committee, which has already begun sitting, consists of:

Garry Leach, Board of Regents  
Sandra McKnight, Board of Regents  
Bill Rannie, University Senate  
Robert Wallace, Collegiate faculty  
Jo-Anne Doerksen, Collegiate faculty  
Cory Langner, Collegiate student  
Brenda Leipsic, Collegiate alumna  
George Tomlinson, chair, Acting Vice-President (Academic)

# COMING EVENTS

"Coming Events" is compiled by University Relations. Planning a campus event? Please let us know. Send written information to Lois Cherney, University Relations, ten days in advance of the event. Basic details are required: what, when, where, sponsor, price of admission (if any) and the name of a contact person.

## CONTINUING THROUGH SAT., FEB 10

- Gallery 1C03 presents "Little Eden: Paintings by Catherine Collins." Collins' oil on canvas works portray "a view from the core" that combats the one-sided image of Winnipeg's urban neighbourhoods. Gallery hours are Mon-Fri., 10 a.m.-4 p.m. and Sat., 1-4 p.m.

## TUES., JAN. 30 THROUGH FRI., FEB. 23

- An exhibition of portraits and landscapes by W. Cliff Packer will be held in the Hamilton Galleria on the library mezzanine. Hours are Mon.-Thurs. from 8 a.m. - 10 p.m., Fri. from 8 a.m. - 4:30 p.m. and noon-4:30 p.m. on Sat. and Sun.

## FRI., FEB. 2 - FRI., FEB. 9

- The Theatre & Drama Department presents *The Country Wife*, William Wycherley's wicked satirical exposé of Restoration society, in Convocation Hall nightly (except Sunday) at 8 p.m. Directed by Reg Skene, the play features members of the third year acting class. Admission is free. For reservations, call 786-9402.

## FRI., FEB. 2 & SAT., FEB 3

- The Wesmen basketball teams take on the University of Regina Cougars at the Duckworth Centre. The women play at 6:15 p.m. and the men at 8 p.m. both nights.

## MON., FEB. 5

- Music at Noon—Milton Schlosser, piano, will present a lecture/recital on Frederic Rzewski's *De Profundis: For Speaking Pianists*, a work based on Oscar Wilde's letter from prison to his lover, Lord Alfred Douglas. Sponsored by the English Department to mark the centenary of Wilde's imprisonment. Eckhardt-Gramatté Hall from 12:30-1:20 p.m.

## WED., FEB. 7

- Duckworth Challenge—The Wesmen volleyball teams take on the University of Manitoba Bisons in Duckworth Centre. The

women play at 6:15 p.m., and the men play at 8 p.m.

## THURS., FEB. 8

- Duckworth Challenge—The Wesmen basketball teams take on the University of Manitoba Bisons in Bison East Gym at the University of Manitoba. The women play at 6:15 p.m., and the men play at 8 p.m.

## FRI., FEB 9 & SAT., FEB. 10

- The Wesmen volleyball teams take on the University of Victoria at the Duckworth Centre. The women play at 6:15 p.m. and the men at 8 p.m. both nights.

## SAT., FEB. 10

- Virtuosi Concerts—Pianist Richard Raymond will perform in Eckhardt-Gramatté Hall at 8 p.m. Tickets are \$18 for adults, \$16 for students/seniors and \$10 for children, and available by calling the Virtuosi Hotline: 786-9000. Seating is limited. Co-sponsored by the University and CBC Stereo.

## SUN., FEB. 11

- Faculty and Staff Club post-game party—Cheer on the Wemen basketball teams as they take on the Bisons (game times are 1 p.m. and 3 p.m.), then fill your belly with pizza and beer in the Club. Pick up your free pass from the Club by Fri., Feb. 9.

## Skywalk to the Beat of Your Heart

*Skywalking – it's easier than it sounds... really!*

Once again this year, the Heart and Stroke Foundation of Manitoba is hosting its third-annual "Skywalk to the Beat of Your Heart." On Thurs., March 7 between 11:30 a.m. and 2:00 p.m., Winnipegers are invited to take part in this "exploration" of Winnipeg's downtown walkways.

"It's a fun event that doesn't require a lot of time. People can do the walk in about half an hour," says Craig Strike of Downtown BIZ. "People can get some exercise and become familiar with the downtown walkways at the same time."

Strike says he is anticipating an increase in the number of people participating in this year's Skywalk: "The feedback that I've received from people who've previously entered is that they want to get more involved with the event." He notes that in the first year, 389 people participated in the event, while in the second year the number of people increased to 536. "I'm anticipating 700 people this year, but anything over 600 would be great."

In addition to the opportunity to have fun while exercising, a registration fee of \$7 per person and \$25 per team gets the first 600 entries a bagged lunch, a blue loonie and discount coupons. Participants are given a map of the downtown walkways before they start the Skywalk. Following the map, skywalkers stop off at designated locations throughout the walkways in order to gather points that make them eligible for various prizes.

Registration and information forms are available through University Relations (Room 4W16), or call the Heart and Stroke Foundation of Manitoba at 949-2027.