

in edition

APRIL 4, 1996

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University Gains New International Partner

Acting Vice-President (Academic) George Tomlinson and Chemistry Professor Alaa Abd-El-Aziz travelled to Egypt in March, where they established two agreements between The University of Winnipeg and Ain Shams University, Cairo.

"These agreements grew out of an informal collaboration between Professor Sabry Abdel-Mottaleb, Director of the Photoenergy Centre at Ain Shams, and Abd-El-Aziz from our Chemistry Department," says Tomlinson.

That collaboration began to gain momentum when Abd-El-Aziz and Ken Friesen, chair of our Chemistry Department, were invited to present papers at the Third International Conference on Solar Energy Storage and Applied Photochemistry held in Cairo in January, 1995. Then last summer, two visiting Egyptian scientists worked in Friesen and Abd-El-Aziz laboratories. Those scientists will return to Winni-

peg for three months this summer. Currently, Abd-El-Aziz is supervising a graduate student who is spending a year in Winnipeg as part of his PhD program at Ain Shams University. Funding for these exchanges has been provided by the Egyptian government.

"We initially went to Egypt to formalize a collaborative agreement between our Chemistry Department and the Photoenergy Centre, with a view to preparing a joint application for funding from CIDA (Canadian International Development Agency)," notes Tomlinson. That objective was achieved. "However, it quickly became clear that there was potential for a much broader range of collaborative opportunities, so we constructed a letter of understanding between The University of Winnipeg and the Faculty of Science at Ain Shams University." This has already produced results. University of Winnipeg Chemistry Professor Desirée Vanderwel has begun negotiations to work with a faculty member in the Chemistry Department at Ain Shams.

Abd-El-Aziz and Friesen have expanded their

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Ain Shams University in Cairo has recently signed an agreement with The University of Winnipeg to collaborate on scientific research.

Televised Vignettes Promote University Research

Research at The University of Winnipeg takes the lead role in short promotional films that will hit the airwaves soon. The films will be broadcast on cable stations in the "open time" after televised courses.

Television slots are scheduled in half-hour or hour blocks. Because University courses run only 50 minutes or an hour and 15 minutes, a gap of time is left after each telecourse. "We have access to the full time slot," notes Katherine Schultz, associate vice-president of research and graduate studies. "We should use it to our best advantage."

Schultz, who coordinated the project, explains that each "vignette" focuses on an individual's work, and highlights the value of research conducted by members of our commu-

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The UNIVERSITY of WINNIPEG

Televised Vignettes

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nity. "It is especially important in today's climate that we explain our research and its relevance to the community."

On-camera interviews have been conducted with 10 researchers and scholars at the University. Two of the videos are now ready and expected to begin airing early in April. They feature Wendy Josephson and Desirée Vanderwel.

In her video, Josephson discusses her work on the effect of television violence on children. She ends her discussion talking about the correlation between research, teaching, and the dissemination of knowledge. Vanderwel describes her research into pheromone production in beetles. The introduction includes an explanation of the research's potential to protect food sources. As well, the role students play as research assistants is demonstrated.

Schultz says the remaining eight vignettes are in various stages of production, and will also start airing this spring.



Tom Kendall, former coach of the Wesmen women's basketball team, will not return to the University,

Craig Kennedy led the women's basketball team during Kendall's absence last season. Now, Kennedy is among the more than 20 coaches who have applied to fill Kendall's shoes permanently. Aubrey Ferris, director of recreation and athletic services, has indicated that the high calibre of talented applicants will make the decision a difficult one. He hopes to announce the name of the new coach by the end of April.

Wesmen Coach Officially Gone

It's official. Tom Kendall has decided not to return to The University of Winnipeg. Instead, he will continue to coach the NCAA Division II California University of Pennsylvania women's basketball team.

Kendall was head coach of the Wesmen women's basketball team for 16 years. His time with the Wesmen concluded with their third straight national championship in 1995.

Although Kendall went south last summer, he was given until Apr. 1 to decide whether he would return to the University or resign his position.

High School Students Gain Enrichment

Over 500 students in grades nine through 12 will attend the 1996 Enrichment Mini-Course Program at The University of Winnipeg from Mon., Apr. 22-Fri., Apr. 26. These top students come from across Manitoba to take one of several week-long courses taught by our faculty.

Should any of these students require assistance, please direct them to the Office of the Dean of Arts and Science.

Update on Search for Vice-President (Academic)

As part of the process of keeping the University community informed, the Review/Search Committee for a Vice-President (Academic) has provided the following information. The committee is proceeding with its task according to the timelines it developed at the beginning of the process. The committee has finalized a position profile and list of candidate qualifications with the help of the discussion of members of the University who attended the Jan. 24 meeting for faculty and staff and from written comments received.

An advertisement has appeared in the March, 1996 issue of *University Affairs*, which was published on Feb. 15, and letters have been sent to a number of university presidents and others seeking names of individuals who might be possible candidates. To date, applications and nominations have been received from internal and external candidates.

The preliminary process is almost complete and the committee will conduct interviews within the next few weeks. The committee expects to forward a recommendation to the Board of Regents no later than the May meeting.

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Comments, suggestions and submissions are welcome. (All material is subject to editing.)

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Cairo

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group to include Steen Dannefaer, professor of physics, and Hatem Howlader, professor of mathematics/statistics. "This group possesses a range of expertise well-matched to the objectives of the Photoenergy Centre," explains Tomlinson. The Winnipeg group, coordinated by Friesen, is seeking to further enlarge the partnership to include researchers from the University of Toronto and from Xerox Canada. As well as participating in the research project, the group will contribute significantly to the training of highly qualified personnel who will eventually find work in a variety of industrial and government agencies in Egypt.

According to Tomlinson, an application has been submitted for a CIDA/AUCC (Association of Universities and Colleges in Canada) Microfund grant that will enable University of Winnipeg researchers to travel to Egypt to work out the details of the proposed project. This represents the first stage in the development of a full-scale CIDA proposal.

The Photoenergy Centre at Ain Shams recently received about \$1.5 million in funding from the Egyptian government. It has a mandate to conduct basic and applied research of solar energy conversion through the development of improved photoconducting materials, and in the application of photochemistry to the synthesis of new chemicals and to the photo-degradation of waterborne pollutants.

Ain Shams University, located in the Abbassia district of Cairo, is a large, multi-faculty university. Established in 1950, it currently serves about 100,000 students. "Ain Shams, roughly translated, means 'source of the light,'" says Tomlinson, "so it is very appropriate that it is becoming an important centre for solar energy storage and photochemical research."

The Music at Noon audience was captivated on March 1 when University alumni returned to their alma mater.

Mezzosoprano Charlene Pauls '88 and pianist Cheryl Pauls '86 appeared on the Eckhardt-Gramatté Hall stage for a very special performance, co-sponsored by the Alumni Association.

A Smile and an Open Door

On a typical day, a steady stream of people come and go through the door of Room 416 in Wesley Hall. The two secretaries in the Department of University Relations are accustomed to the endless activity and greet callers pleasantly.

Betsy Van der Graaf, who has been with the department since 1987 says, "Even if you find you can't answer their questions, you should always be friendly. That's one of the first things a receptionist should know. It's an important factor, because it will probably create an initial impression of the institution—and perhaps a lasting one." Then she adds with a smile, "Besides, nobody forgets a crab."

She says her duties are varied, but she deals mostly with alumni. "I give clerical support to the Alumni Council. I take minutes at the council meetings and issue alumni I.D. cards," she explains. "I enjoy the contact with people and the research end of the alumni component most in my job."

Suzanne Latimer joined the staff in 1988. Along with Van der Graaf, she provides support for the department. In addition to general office work and reception duties, she is responsible for the data entry of donations and any resulting updates. She says, "Because of technology, my job has changed quite a bit over the years. I find the position interesting and the people I work with very helpful."

The department deals with public relations, produces University publications, and is responsible for fundraising and alumni affairs, so both secretaries spend some of their time directing enquiries to the proper source. Often they field a multitude of questions themselves, either on the phone or in-person.

Occasionally, office routine is disrupted by unusual circumstances or requests. "One day someone called to inquire why Portage and Main was so windy," Van der Graaf remarks. "We referred him to the Geography Department."

"We were once faced with a student in a state of panic. She had put her income tax return into the mail slot on the third floor and it got stuck," Latimer remembers. "She didn't know what to do. Fortunately, we contacted Orval Voakes, the supervisor of mail services, who unlocked the chute and the envelope was sent on its way."

That kind of drama and diversity in their everyday activities keep the job fresh for both Van der Graaf and Latimer, and attest to their ability to juggle many balls, all the while maintaining a smile.

National Secretaries Week is April 22–26. Secretaries Day, Wed. April 24, is a special day to acknowledge a job well done.



The Sandwich Generation

This article is part of a series provided by Warren Shepell Consultants.

Giving to work and family can be difficult at times for everyone. But for people caught in the “sandwich generation” those caring for children and elderly parents life can be especially demanding. Children need us to look after their physical needs, take an interest in their activities and give emotional support and guidance. As parents age (and particularly if they become ill), they may need help with personal care, financial matters and routine errands and tasks.

The major challenge is to balance our responsibilities with healthful time for ourselves but also to find meaning and enjoyment in the responsibilities we do take on.

Stretched to the limit

Diane Labonté, a Warren Shepell counsellor in Montreal, sees many “sandwich generation” clients who feel “stretched to the limit.” In addition to their jobs, they are putting in many hours of cooking, cleaning, child care and attending to parents who are in hospital or at home. According to a recent University of Toronto study, sandwich generation women phoned their elderly parents three to seven times a week.

Maintaining ties with aging parents who live far away can be particularly difficult. One woman used up all her vacation time and savings travelling back and forth to visit her mother in another province.

As stress and problems mount, health may be affected. Labonté has noticed that overburdened caregivers tend to experience frequent colds, migraines and back problems.

Family relationships can also become strained. Partners, siblings and extended family members may be unwilling or unable to help out. Children may react to the tension by misbehaving or withdrawing from family affairs. Says one teenager: “I love my grandfather, but his sickness scares me. Mom spends all her spare time just taking care of him and freaking out. I just want to get away from them whenever I can.”

Our changing society puts many stressors on the family that require us to re-evaluate our situations and seek creative solutions. A counsellor can help you begin this process. Through your counsellor, you can access some of the outside help you may need, including quality health and homemaker services for your parent (even if he or she lives in another city), as well as child care that you can trust. Above all, your counsellor can help you connect with the ability to care for your family without losing yourself.

Coming to terms with a parent's situation

It's not easy to watch parents grow old and, perhaps, frail. “As we confront the fact that our parents are having more difficulties, we begin to go through a mourning process,” says Labonté.

This involves a variety of emotions like anger, guilt,

grief and eventually, a kind of acceptance. “It's normal to feel swept up by painful feelings,” adds Labonté, “but it's important to become aware of what we're feeling and recognize that sometimes, the amount and type of care we give our parents might be more related to our emotions than to our parent's legitimate needs.”

Here is a case in point: A worn-out daughter who insisted upon visiting her father in the hospital every day finally realized she was over-extending herself because she felt both guilt and anger about his condition. “I felt guilty that I couldn't make him better, and angry that no one else could either. The worse I felt, the more I needed to be at the hospital, fussing over him and arguing with the medical staff. But that wasn't helping him and it was taking valuable time away from other people and activities that were also important to me.”

Connecting our feelings to our behaviours can eventually help us to re-evaluate our caregiving responsibilities. This, in turn, will help restore a sense of balance in scheduling activities and may improve the quality of time spent with parents.

One woman whose mother had Alzheimer's disease found their visits much more enjoyable once she stopped feeling hurt and frustrated when her mother didn't recognize her. “I realized this had nothing to do with me, it was part of her condition. I got used to introducing myself politely at every visit and seeing her react with surprise and pleasure each time. What was important to both of us was enjoying the moment together.”

Making the most of time spent with children

As we move toward accepting our parent's situation, it may become easier to relate to children in effective and fulfilling ways.

- Use the time you already spend with children to really connect with them. Engage them in conversation while you're driving them to and from various activities, around the family dinner table or before they go to bed. Children are naturally curious; let them choose the topic, then encourage their questions and opinions. Or choose a topic of your own—perhaps something interesting that you saw or experienced that day.
- If a grandparent is ill, talk to children honestly about the situation, focusing on the grandparent's abilities as well as disabilities. “Children are more tolerant of their own and others imperfections when they see us modelling tolerance and balance ourselves,” Labonté observes.

Encouraging partners, siblings and older children to help out

A common complaint among members of the sandwich generation is “I'm the only one doing for my parents. No one else cares.” The fact is: just because people don't react to a

situation your way doesn't mean they don't care. Most likely, they are struggling with their own painful emotions or feel caught up by responsibilities themselves.

Here are some suggestions for getting others involved:

- First, get your family to agree in principle to helping out a little more with tasks and responsibilities. If you have tried repeatedly to address specific imbalances, take a break from this for a few days before bringing up the subject. This will give everyone some breathing space.
- Once family members have agreed in principle, suggest a time a few days later when you can discuss this a little more. In the meantime, prepare a list of all the things that you are doing on a daily and weekly basis.
- At the next family meeting, show them the list. Chances are they'll be astonished by all the things you are doing. It's easy to take things for granted and be quite unaware of all the effort that goes into these responsibilities.
- Engage individual family members in discussing which "few" of these tasks they would be interested in taking on. Don't go for an "even split" of responsibilities. Since your family doesn't have a sense of what's involved with various tasks, they are likely to feel overwhelmed.
- Don't assume your family will naturally know how to do a particular task. Explain the tasks to them, what is involved, and the end result you are seeking.
- Finally, remember to ease up on your expectations of

perfection. Support and praise your family's efforts.

Taking care of yourself

Part of re-evaluating caregiving responsibilities is recognizing that taking care of our own health and well-being must be a priority. On days that you can't seem to carve out special time for yourself, try incorporating some enjoyable rituals into your routine:

- Listen to your favourite music or radio talk show while you are driving or working around your home.
- If you accompany parents or children to medical appointments, take advantage of the time in the waiting room to catch up on your reading or on some "portable hobby" such as word puzzles.
- Take a half hour before going to bed to prepare yourself for a restful sleep. Go for a leisurely walk, take a soothing shower or bath, or watch something humorous on TV. If nagging worries are keeping you awake, try jotting them down rather than playing them over in your mind. Then resolve to look over the list when your mind is less foggy with fatigue.
- Regardless of the number of people in our care or the responsibilities we've taken on, it helps to remind ourselves that we can only handle one task at a time. Giving ourselves to each task without the burden of fatigue, guilt or resentment will help us naturally discover the special meaning it has in our lives.

Taking care of someone else's personal affairs?

Here are some ideas you might consider:

- automatic bill paying and direct deposit of such things as pension cheques;
- a supplemental health insurance policy to cover gaps in provincial health insurance;
- a durable power of attorney that gives you the right to manage the money and negotiate with your parent's landlord;
- a check of your parent's home to prevent accidents and help your parent get around more easily. (Are

lights bright enough? Are throw rugs a hazard? Does your parent need a telephone with large numbers or a stool in the tub?);

- a Medic Alert bracelet to alert health care professionals to allergies and special medical needs;
- a list of your parent's current support system: doctor, lawyer, banker, church or temple, friends and neighbours. Certain friends might be willing to help out a bit by taking your parent shopping or by mowing the lawn.

Inter-Department Envelope Shortage

When *in edition* reported on a shortage of reusable inter-department envelopes and asked all departments to return excess supply to Printing Services in January, the response was excellent. According to Leslie Uhryniuk, several departments heeded the call, and Printing Services was able to supply the specialty envelopes to departments desperate for them. Thank you.

Unfortunately, the supply has dried up—but the requests have not. If you have more internal envelopes in your department than you can use, Printing Services would be grateful to receive them.

If your department needs internal envelopes, contact Leslie Uhryniuk at 786-9420.

A Very Different Kind of University

In March, The University of Winnipeg Students' Association brought Peter March and Shawn Warren to The University of Winnipeg to discuss their controversial Greenvale College proposal. March and Warren, both from Nova Scotia, are pitching their concept of a very different kind of university across the country, generating a great deal of media attention. in edition sent a reporter to find out what the controversial proposal is all about.

A university with no government funding, no sports teams or cafeterias or lounge areas. For that matter, no buildings either.

Peter March, professor of philosophy at St. Mary's University in Nova Scotia, brought his vision of a new kind of university to Eckhardt-Gramatté Hall on Fri., Mar. 22. He was accompanied by Shawn Warren, whom he called the "greasy-hand mechanic" responsible for the nuts and bolts of their plan. Together, they explained the Greenvale College model for post-secondary education, and answered questions from an audience of primarily students.

The proposed Greenvale College would initially offer courses and degrees in Arts and Commerce, adding Education and Law as it grew. Students pay tuition directly to professors, who are private practitioners. Professors determine what they will charge students, and how many students they will accept. They also decide where to hold classes, whether in the professor's home or rented office, or in a restaurant or other forum.

March and Warren have developed a plan in which tuition costs would be no more than 80 per cent of the going rate. They contend, however, that professors working as private practitioners could earn twice as much as they do now. That incongruity is possible because there is no infrastructure to build or maintain, and fewer people to pay. The college, modelled after the legal profession and the Bar Association, exists as a virtual university rather than a specific site.

Greenvale professors would pay 10 per cent of what they charge students back to the college as a membership fee. That covers overhead for an office and pays the salaries of four administrators. The staff would handle functions like maintaining official transcripts, scheduling exams, and preparing a college calendar. Beyond that, professors would be required to perform the majority of their own administrative work. Course admission, registration, payment of fees, class schedules, withdrawals and refunds would be the responsibility of the professor.

March says the method of "quality control" differs in their system, too. Final examinations are set by a second professor from an established university. Ideally, the exams would then be marked by a third professor. (March says such a system can work because most of what is taught at the undergraduate level is "consensus material.")

March also believes that his system would change the current power structure between students and faculty, alleviating problems like sexual harassment and discrimination. (This met with some scepticism from the audience.) However, the proposal calls for the establishment of a Board of Appeals, comprised of representatives from all the stakeholder groups, that would protect the interests of both students and professors and settle disputes.

One audience member wanted to know how the Greenvale model could ensure equal access for disadvantaged groups, since a professor could bring any bias to bear when determining admission. March conceded that this concern had never been raised before, and merited some consideration. He indicated that the evolution of the college might lead to pro bono work, like in the legal profession, but concluded that students would have to make their voices heard on such issues, as they have in established universities.

While March says his system promises many benefits, including lower tuition fees, higher salaries, no public expense and jobs for a growing population of qualified but unemployed or retired professional educators, he admits it has some drawbacks. For example, some students benefit from the social aspects of a campus community. And March is careful to note that this institutional model is not intended to replace all established universities; rather, it is an alternative.

March also acknowledges that the Greenvale model would be less suited to teaching sciences that require expensive technical equipment and laboratory facilities. "It makes sense that governments continue to fund institutions that teach science and technology."

March and Warren have submitted the Greenvale College proposal to the provincial government in Nova Scotia. However, they say the plan has met with considerable opposition from established universities, and has become mired in "deadening politics." They hold little hope of obtaining the certification necessary to become a recognized institution in Nova Scotia. However, they hope the idea might find proponents elsewhere in Canada.

Copies of the Greenvale College proposal are available through UWSA programmer John Carpenter, 786-9126.

Student Centre Project Coming Together on Schedule

In some places drywall is already in place. In other areas steel beams, makeshift supports and concrete rubble still dominate. You sometimes have to strain to hear voices above the cacophony of hammers in the cavernous underground construction site. To visualize the impressive multi-purpose centre that is gradually emerging, it helps to have an imagination—and a blueprint.

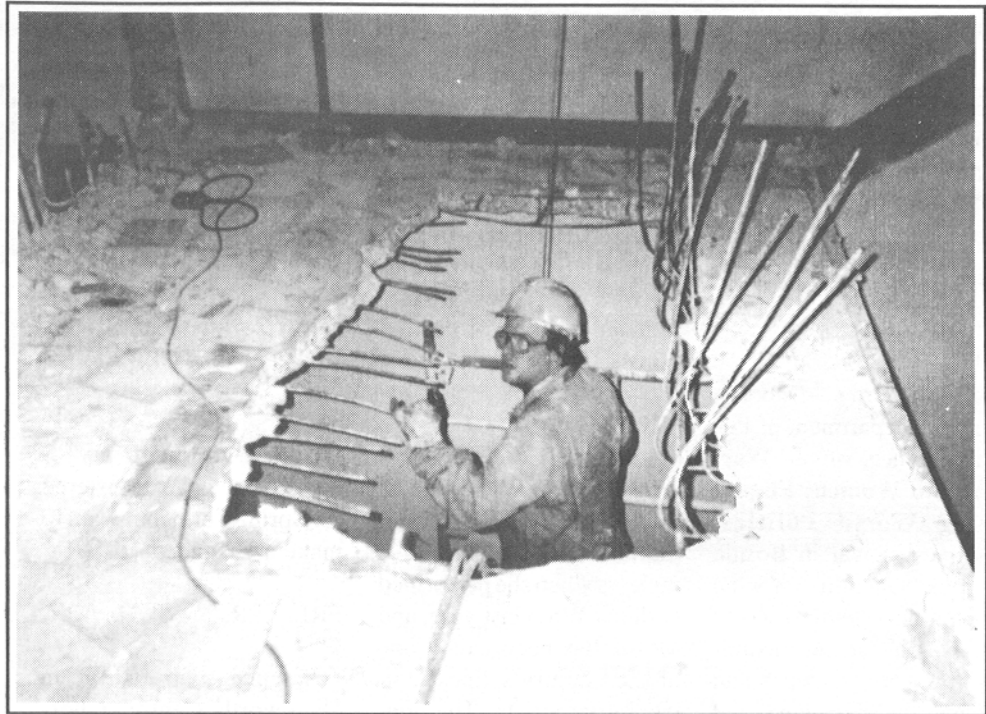
Construction began last fall on the student centre, which starts in the former Riddell gym and rises up two storeys. Plans for the massive undertaking include mezzanines, a glassed atrium, a multi-purpose area with a stage, a computer lounge and offices for the students' association and other organizations.

On a recent tour, Steve Coppinger, associate vice-president (finance and administration) and coordinator of the project, walked several students through the entire construction site. He pointed out the location of different offices, all of which are arranged along the outside wall and face the central multi-purpose area. When finished, each office will sport a glass front, similar to those found on storefronts.

As well, Coppinger offered anecdotal explanations of the oddities that arise when constructing a facility of this magnitude. "Things look good on paper, but in reality you always have to make changes and accommodate problems as they come along," he noted.

Some of those problems simply add flavour, like existing steel beams uncovered where windows are planned. The elevator shaft, an architectural point of interest that will feature a glass shaft save for one brick wall, also picked up more character than called for in the original design. The brick wall will contain 550 million-year-old dolomitic limestone, incorporated into the design after crews discovered it—and had to break through it—while digging the elevator shaft.

Other problems have less aesthetic benefit; instead, they cost time and money. Coppinger reported serious structural problems had to be remedied in Riddell's basement, where subfloor beams were found to have heaved and sheared.



Despite some unexpected problems, construction on the student centre is going well and remains on schedule.

But he said despite difficulties, the student centre remains on schedule and is still expected to open on Sept. 1. However, he cautioned that this date will inevitably be contingent on delivery of materials like the custom-sized glass needed for office fronts and atrium walls.

Building the student centre was initially expected to cost \$3.7 million. Over a million of that came from a mandatory levy students had paid on every course taken since 1987, while the province agreed to contribute \$2.4 million to the project. The University committed \$200,000, drawn from a special fund raised through the capital campaign. When the structural problems in Riddell's basement led to a slight cost overrun, the students' association upped their ante to \$1.27 million—enough to cover the additional cost.

Darcy Rollins, the incoming UWSA vice-president (advocate) who accompanied Coppinger on the recent tour, said he liked what he saw. "It was more impressive than I expected, and seems to be coming along really well. I got a good feel for the facility, and I think students are going to be very happy with the end product." He added that students are already looking forward to moving into the new centre.

The centre is expected to dramatically enhance what our campus offers students by providing them with a central, modern facility from which to provide services and stage special events. The centre will be administered, and all space in it assigned, by The University of Winnipeg Students' Association.

COMING EVENTS

"Coming Events" is compiled by University Relations. Planning a campus event? Please let us know. Send **written** information to Lois Cherney, University Relations, 10 days in advance of the event. Basic details are required: what, when, where, sponsor, price of admission (if any) and the name of a contact person.

TUES., APR. 9

• **Last day to register** for Spring Term in order to be eligible for priority consideration. The Student Records Office is open 8:30 a.m.-4:30 p.m.

WED., APR. 10

• Skywalk Series—Deborah Stienstra, Department of Political Science, offers **War, Wine and Women: Engendering World Politics**. Headlines of war in Bosnia and trade sanctions on wine are what we regard as world politics. This lecture examines how gender shapes and is shaped by war, wine, and world politics.

THURS., APR. 11

• Skywalk Series—Finjan performs the season finale, **Music and Matzah Balls-B.Y.O.M.B.** This rousing lunch-hour of klezmer music will whet your appetite for the delicacies of Eastern Europe.

FRI., APR. 19

• **Virtuosi Concerts presents soprano Wendy Nielsen, with David Moroz on piano.** Nielsen received rave reviews when she performed with the WSO last year, and Moroz has been called one of the country's finest collaborative artists. The concert starts at 8 p.m. in the

Winnipeg Art Gallery's Muriel Richardson Auditorium. Tickets are \$18 for adults, \$16 for students/seniors and \$10 for children, and are available by calling the Virtuosi Hotline: 786-9000. Co-sponsored by the University and CBC Stereo.

THURS., APR. 25

• **Course add/drop day** for those who have registered for Spring Term, but want to make a change.

FRI., APR. 26 - SUN., APR. 28

• **Science Symposium** in Duckworth Centre. Questions regarding entries

should be directed to Carol Advice and the Department of Education, Science Division, at 661-0567 (FAX 661-5507). Other queries should be directed to Harold Hutton, chemistry, 786-9733.

MON., APR. 29

• **Lectures begin** in Spring Term.

• **Board of Regents** meets at 5:30 p.m. in the north half of Riddell Hall.

Skywalk Series

The Skywalk Concert & Lecture Series warms up the noon hour. Bring your lunch and enjoy intriguing lectures on Wednesdays and invigorating concerts on Thursdays from 12:15-12:45 p.m. at Centennial Library's second floor auditorium, off the Skywalk.

Looking for Community-Minded Heroes

Know a member of the faculty or staff who gives generously of their time and energy to the community? To mark Volunteer Week in April, *in edition* would like to profile a few people who volunteer in the community or who participate in community outreach in their area of expertise.

If you know someone whose generous dedication deserves recognition, please call Lois Cherney in University Relations, 786-9134, or mail in names and a few words about the person's activities.

Conversational Language Courses

French • Russian
Spanish • Japanese
German • Italian
Mandarin Chinese

The Division of Continuing Education's spring session of non-credit conversational language courses starts the week of April 15. All courses are offered at a variety of levels, ranging from beginner to advanced.

As well, English as a Second Language courses begin at Continuing Education the week of April 22.

For more information, call 982-6633.